



# MEDINA BULLETIN

Issue No 5

Medina Leisure Centre customer update

## Phase 1 : Progress in January 2013

As a result of a number of minor changes to the building programme, we regret to inform you that the completion and handover of Phase 1 has been delayed by three weeks.

It will now be completed on 22 March instead of 1 March, with the new gym opening on **Monday 8 April** and the new studio on **Tuesday 2 April**.

Construction work was suspended during a period of school exams so as not to disturb students and further additional works have also been required in fitting the steel structure that will house the gym next to the existing buildings.



The new Tone Zone space

During January the contractors have :

### Dryside changing rooms

- Completed 80 per cent of the cladding and roofing
- Completed 85 per cent of plastering to the new internal block work walls
- Completed the installation of the new floor joists
- Undertaken 75 per cent of the electrical first fix
- Undertaken 40 per cent of the mechanical first fix

### New Tone Zone gym/extended store

- Completed 75 per cent of the cladding and roofing
- Received the new lift unit
- Commenced installing the new roof lights
- Commenced the mechanical first fix

### New first floor studio

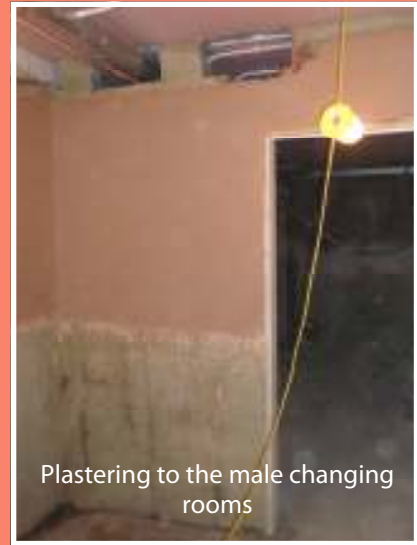
- Stripped back the roof to the existing changing rooms
- Installed the steel frame to form the studio and lobby

### Bar, café and toilets

- Completed the strip out of all redundant services
- Undertaken 80 per cent of the demolition



New studio space awaiting the window to be formed



Plastering to the male changing rooms



IPS being installed

*Brand-new fitness classes coming soon!*



We'll be sending out regular updates throughout each phase, with news and pictures of project progress.

If you'd like to receive future newsletters and information from us, just email [leisure@iow.gov.uk](mailto:leisure@iow.gov.uk) and we'll add you to our mail list.

(Please specify that it's the Medina mailing you'd like to join)

**FAST-TRACK YOUR WAY TO THE NEW TONE ZONE** 

**Medina Leisure Centre**  
 Fairlee Road, Newport, PO30 2DX  
 Tel: (01983) 523767  
 Fax: (01983) 530693  
[medina.leisure@iow.gov.uk](mailto:medina.leisure@iow.gov.uk)



at the heart of fitness

The One Card gives unlimited access to selected sports and leisure activities, subject to availability, provided by the Isle of Wight Council. There are cards for adults, students and juniors. There is a monthly fee with flexible payment options.

Find out more at [www.iwight.com/leisure](http://www.iwight.com/leisure)



## Work in February

### New first floor studio

- Completion of the new roof and cladding
- Completion of the mechanical and electrical first fix

### New Tone Zone gym

- Completion of the cladding
- Completion of first fix mechanical and electrical

### New dryside changing rooms

- Completion of plastering
- Completion of first fix mechanical and electrical
- Commencement of wall tiling

### Bar, café and toilets

- Commence new internal walls
- Commence mechanical and electrical first fix

### Car park

- Commencement of groundworks to form the new car park

## FUN, FITNESS, FAMILY - PROUD TO BE PART OF CHANGE ON THE ISLAND

We are proud to be part of this exciting project at Medina Leisure Centre, and believe that the availability of community facilities are core to the development of positive local change.

As a provider of building and maintenance services, Mountjoy is strongly committed to the maintenance and optimisation of the Island's building and facilities resources which is why we are pleased to be part of this scheme.



## YOUR WAY TO ACCESS THE NEW TONE ZONE

**FROM SATURDAY 30 MARCH TO SUNDAY 7 APRIL, EXISTING GYM MEMBERS ARE INVITED TO VIEW THE NEW TONE ZONE AND EQUIPMENT**

### HOW TO TAKE PART

- ♦ Book your introduction at Reception. Bookings are throughout the day on the hour between 30 March and 7 April
- ♦ Each session lasts between 30 and 45 minutes
- ♦ View the equipment and the new Pulse Smart Centre
- ♦ While you're being shown around, your One Card will be upgraded to a new Smart card and, at the end of your session, you can try out your new card in the Pulse Smart Centre

The session will fast-track you to the new facility when it opens on Monday 8 April

BOOKINGS FOR THESE SESSIONS CAN BE MADE FROM 1 MARCH 2013

YOUR NEW ONE CARD IS YOUR PASSPORT TO THE NEW TONE ZONE



*Please don't forget your card. There's no access to the Tone Zone without it!*

## WESTRIDGE SQUASH AND GYM

The new 40-station gym is now open and features the latest hi-tech Pulse equipment and Pulse Smart Centre.

**NOW OPEN ON SUNDAY FROM 9AM TO 1PM**

Contact Westridge on 823883 or email [Westridge@iow.gov.uk](mailto:Westridge@iow.gov.uk)