

# THE HEIGHTS NEWS

**Phase 2 : Progress to the end of February**

Issue No 12

March 2013

## PHASE 2 - OPENING SOON!

There's now just under three weeks to go until handover and the contractors have started to apply some of the finishing touches to all of the Phase 2 areas.



Atrium above changing room lobby

During February, contractor has completed the following:-

- The mechanical and electrical first fix
- Plastering to new and existing walls
- The installation of the IPS in both the male and female changing areas
- Installation of the new lockers and benching
- Installation of the new sauna
- Installed all the new ducting



Refurbished health suite ceiling



New sauna in health suite

Other works in progress include:

- Completed 95 per cent of the wall tiling and 75% of the floor tiling (all in the same style as the Phase 1 wet-side changing rooms)
- Taken delivery of and installed the new air handling unit in the roof void above the female changing area
- Undertaken 90 per cent of the wall decoration
- Commenced installation of the changing cubicles
- Commenced installation of the new suspended ceilings to all areas
- Completed 95 per cent of the external works, including creation of a safe means of escape from the health suite and changing rooms

As always, we welcome your feedback on both the completed works and those currently underway.



We'll respond to the most frequent issues you raise on a regular basis



New path from changing room

**EXCITING NEW CLASS PROGRAMME COMING SOON!**

A combination of existing and new classes will be held in the new Studio 1 and the fully refurbished Studio 2—both studios feature high-quality audio systems to get you in the mood for a pulsating workout.

**IN A SPIN!**



Studio 3, which will be opened in the old Health Zone area will be equipped with 21 spin bikes.

Look out for the new studio programmes both in reception and on the website

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Tel: (01983) 405594

[heights.leisure@iow.gov.uk](mailto:heights.leisure@iow.gov.uk)

**one1card**  
at the heart of fitness

The One Card gives unlimited access to selected sports and leisure activities, subject to availability, provided by the Isle of Wight Council. There are cards for adults, students and juniors. There is a monthly fee with flexible payment options.

Find out more at [www.iwight.com/leisure](http://www.iwight.com/leisure)

**ISLE OF WIGHT COUNCIL**

## Coming up in March

The last three weeks of the works will see :

- Completion of the suspended ceilings
- Completion of the cubicles and benching
- Completion of decoration and flooring to all areas
- Testing and commissioning of all mechanical, electrical and ventilation systems

## Dates for your diary

☺ **Thursday 28 March**  
**Health suite and dryside changing rooms open**

☺ **Monday 1 April**  
**Studio 2 opens**

☺ **Monday 15 April**  
**Studio 3 (spinning) opens**



*Tantalising, yet tasteful  
Camp and colourful*

**AN EVENING OF  
BURLESQUE**

Medina Theatre  
Friday 8 March 7.30pm  
Tickets £20  
Book online at [medinatheatre.co.uk](http://medinatheatre.co.uk)  
or ☎ 527020

## Pool programmes

The new programme will come into effect from the end of March 2013.

The new programme is based on reviewing the success of the current programme and also accommodates customers and clubs from Medina Leisure Centre that have will be displaced as a result of the closure of main pool for refurbishment.



The new programme will shortly be available from reception and on the Council's website at [iwight.com/leisure](http://iwight.com/leisure).

## Car parking

From Monday, 25 March the whole car park will be available for customers to use.

We will also be re-lining the car park and these measures should ease the current issues experienced at peak times.



## Faster check-in

**From late April, self-service check-in comes to The Heights!**

Look out for our new Clarity self-service kiosk which will be installed in reception.



One Card holders will then be able to swipe their cards for quicker access to the gym and pool.

## WESTRIDGE SQUASH AND GYM

The new 40-station gym now has the latest hi-tech Pulse equipment and Pulse Smart Centre.

**NOW OPEN ON SUNDAY FROM 9AM TO 1PM**

**Contact Westridge on 823883 or email [westridge@iow.gov.uk](mailto:westridge@iow.gov.uk)**