Places you can get help:



Duty Team (Adults) 147 High Street Newport PO30 1TY



823340



Newport, PO30 2ER



Adult Learning
Disability Team
Ryde Town Hall

Ryde PO33 2NQ



566011





535370



Do you need help to read or understand this leaflet?

If the answer is **yes**, someone can help you.

Ring 559299 and ask for help.





01983 559299

Service **Disability** -earning

Do you care for someone? Can we help you?





Do you need help?



As a carer you can get help and support. To see what help you might need, we will do a Carer's Assessment.



A care worker will do the assessment. They can visit you at home.



The assessment will look at what you need to help you to carry on looking after the person you care for.



You can say what problems you are having and what sort of help you think you need.



The care worker will not tell the person you care for what you have said without asking you first.

There are lots of different ways you can get help. The care worker will talk to you about them. They will answer any questions you have.



How do I get a Carer's Assessment?

If the person you care for already has a care manager, you can speak with them about setting up a Carer's Assessment.



If they do not have a care manager, then you can ring the Adult Duty Team.



823340

If you look after a child with a disability, you can speak with someone from the Children's Disability Team.



7 535370