

Services for people with a learning disability



Thank you to the IW Advocacy Trust
who let us use some of their photographs
for the front page



About this book

We are pleased to have a book that tells people where we have services for people with a learning disability. This book tells you what we have available on the Isle of Wight and also where to get help.

Most of us need information, advice or support at some time in our lives which cannot be provided by family and friends. These local services may be able to help. We can:

- ⇒ provide information;
- ⇒ assess your needs and your carer's needs;
- ⇒ discuss what help is available locally;
- ⇒ provide links to health, housing, education and other support;
- ⇒ arrange access to other help, eg, support workers, respond to a crisis; and,
- ⇒ take effective steps to keep people safe.

The Isle of Wight Council have developed this book with its partner agencies and want to support the commitment we have through the Learning Disability Partnership Board to improve the lives of people with a learning disability.

Our vision is:

“Together we will open doors to a world where all people can keep on learning and growing.”

To make this happen, we will:

- ⇒ *Listen and involve people with a learning disability.*
- ⇒ *Encourage, enable and help people to reach and take responsibility for their chosen dreams, needs and hopes.*
- ⇒ *Shape our services to create new opportunities.*

We aim to act promptly to requests for information and help and to be as flexible as possible in our response. Wherever possible we aim to provide services locally, but we do sometimes get help from services off Island. This book will be a step to help people see what choices they have available to them and it is very much hoped that this choice will grow in the future.



Councillor Dawn Cousins

Cabinet Member for Island Health, Housing & Community Well-being



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Care at home



To help you live at home you can get home care. This is help to do things like having a bath, getting dressed and getting in or out of bed.

Here are agencies that you can get home care from.

This list shows you all the agencies that give home care. The Council does not say that you should choose one of them and not another. You must check them for yourselves.

✉ Acorn Care Services
BT Building
High Street
Godshell
Isle of Wight
PO38 8HH



01983 840191



acorncare@btinternet.com



www.acorncareservice.org

✉ D Care
Whiteley Bank House
Canteen Road
Whiteley Bank
Ventnor
Isle of Wight
PO38 3AF



01983 863288

✉ Island Carers Support
Service
71 Pyle Street
Newport
Isle of Wight
PO30 1UJ



01983 822200



enquiries@islandcarerssupport.co.uk



www.twocounties.co.uk



✉ Islecare 97 Ltd
3 Highfield Road
Shanklin
Isle of Wight
PO37 6PR



01983 865888



managementoffice@islecare.org



www.somersetcare.co.uk

✉ Leonard Cheshire
Care at Home
Carita House
Westminster Lane
Newport
Isle of Wight
PO30 5BH



01983 533255



su.weeks@lc.uk.org

✉ Milford Del Support Agency
Unit B16
Whitecross Business Centre
Whitecross Lane
Shanklin
Isle of Wight
PO37 6PG



01983 866055



enquiries@milforddel.co.uk



www.milforddel.co.uk

✉ Two Counties Community
Care Ltd
Sibden House
1 Victoria Avenue
Shanklin
Isle of Wight
PO37 6PG



01983 868828



www.twocounties.co.uk

✉ Wight Home Care Ltd
12 Cross Street
Ryde
Isle of Wight
PO33 2AD



01983 812211



✉ Wightcare Services
Bugle House
118a High Street
Newport
Isle of Wight
PO30 1TP



01983 533772



wightcare@iow.gov.uk



www.iwight.com/wightcare



Care homes



This list shows you all the residential homes for people with a learning disability on the Isle of Wight.

The Council does not say that you should choose one of them and not another. You must check them for yourselves.

✉ 8 Winton Street
Ryde
Isle of Wight
PO33 2BX



01983 566437

✉ 15a Worsley Road
Newport
Isle of Wight
PO30 5JF



01983 529710

✉ 31 Carter Avenue
Shanklin
Isle of Wight
PO37 7LG



01983 867845

✉ 40 Venner Avenue
Northwood
Cowes
Isle of Wight
PO31 8AG



01983 293782



✉ 41 Newport Road
Cowes
Isle of Wight
PO31 7PW



01983 294134



www.somersetcare.co.uk

✉ Argyll Street
22 Argyll Street
Ryde
Isle of Wight
PO30 3BZ



01983 565964



mandy.smith@shgroup.co.uk

✉ Cheran House
3 Nunwell Street
Sandown
Isle of Wight
PO36 9DE



01983 402504



savin@cheranhouse.wanadoo.co.uk

✉ Clifton Cottage
Rear No 1
High Street
Ryde
Isle of Wight
PO33 2PN



01983 566316



suethornton@rydehouse.com



www.rydehouse.com

✉ Esplanade Residential
Home
20 The Strand
Ryde
Isle of Wight
PO33 1JE



01983 616683



esplanade1@btconnect.com



www.esplanadehouse.net



✉ Greengates
96 Monkton Street
Ryde
Isle of Wight
PO33 2DD



01983 564418

✉ Hazelwood House Ltd
22 New Barn Road
East Cowes
Isle of Wight
PO32 6AY



01983 280039



hazelwood@regard.co.uk



www.theregardpartnership.com

✉ Highmead
3 Highfield Road
Shanklin
Isle of Wight
PO37 6PR



01983 866575

✉ Holly House
32 Chapel Street
Newport
Isle of Wight
PO30 1PZ



01983 825886



guy@hamiltonhouse.freemove.co.uk

✉ Kingston Farmhouse
Beatrice Avenue
Whippingham
East Cowes
Isle of Wight
PO32 6LL



01983 294145



kingstonoffice@yahoo.co.uk



✉ Newton Lodge
Appley Rise
Ryde
Isle of Wight
PO33 1LF



01983 611324



newtonlodge@rydehouse.com



www.rydehouse.com

✉ Plean Dene
2 Luccombe Road
Shanklin
Isle of Wight
PO37 6RQ



01983 866015

✉ Powys House
121 York Avenue
East Cowes
Isle of Wight
PO32 6BB



01983 291983



powyshouse@dsl.pipex.com

✉ Rose Cottage
171 Fairlee Road
Newport
Isle of Wight
PO30 6PR



01983 525787

✉ Ryde House
Binstead Road
Ryde
Isle of Wight
PO33 3NF



01983 564004



enquiries@rydehouse.com



www.rydehouse.com



✉ Ryde House Cottage
Ryde House
Binstead Road
Ryde
Isle of Wight
PO33 3NF



01983 614640



daverobinson@rydehouse.com



www.rydehouse.com

✉ Saxonbury
Heathfield Road
Freshwater
Isle of Wight
PO40 9SH



01983 755228



www.somersetcare.co.uk

✉ Sea Gables
6 Northcliff Gardens
Shanklin
Isle of Wight
PO37 6ES



01983 861473



seagables@btconnect.com

✉ The Laurels
Highfield Road
Shanklin
Isle of Wight
PO37 6PR



01983 866575 or 867297

✉ The Orchard
20 Church Road
Wootton Bridge
Isle of Wight
PO33 4PX



01983 884092



✉ Woodville
91 West Street
Ryde
Isle of Wight
PO33 2NN



01983 612521



suethornton@rydehouse.com



www.rydehouse.com



Children and young people



Children and young people need different support to adults. Here are some of the people and places that can help them.

Beaulieu House



Beaulieu House gives respite care to children with disabilities. Children must be between 6 and 16 years old. Beaulieu is free to children who have been given a place. A group of people decide which children get a place. The group meets once a month. You can ring Beaulieu House to find out more about what they do.

✉ Fairlee Road, Newport, PO30 2EW
☎ 01983 533024
📧 simon.powell@iow.nhs.uk
📧 georgie.porter@iow.nhs.uk

Children's Disability Team



The Team give services to children with a disability and their families. They can help with lots of things like respite care and direct payments. Other things they can help with are playgroups and clubs. They help to keep children safe. The Team can help families with things like housing, benefits and schools.

✉ Oak House, Halberry Lane, Newport, PO30 2ER
☎ 01983 535370
🌐 www.iwight.com



Connexions

connexions

SOUTH CENTRAL



Connexions supports all young people who are 13 to 19, and up to 25 years old for people with a learning disability. A Connexions Personal Adviser is someone that can help you. They will talk with you about what you are good at, what you enjoy and what you could do when you leave school. You can also talk with your Personal Adviser about money, health or relationships.



29 High Street, Newport, PO30 1SS



01983 525927



infoiow@connexions-southcentral.org



www.connexions-southcentral.org



Day services and employment training



Day services let you try lots of different things. Things like arts and crafts, woodwork and gardening.

Some places can also train you for work. They help you to learn the skills you need to do a job.

Haylands Farm



Haylands Farm is a training centre. It is small and has friendly staff and volunteers. Any adult with a learning disability can ask to go there. People can learn how to grow plants and vegetables and to look after animals and chickens. Other things they do are woodwork and life skills. Things like computers, cooking and serving customers. They also collect and sort drink cans.



Salters Road, Ryde, PO33 3HU



01983 566038



charlescook@haylandsfarm.demon.co.uk



www.haylandsfarm.demon.co.uk

Meadowbrook Centre



The Island's new unique NHS organisation



Meadowbrook is a day centre for adults with a learning disability. Service users meet every week. They help to say how the service is run. There are lots of things you can learn to do at Meadowbrook. Things like Arts and Crafts, computers, woodwork and cooking. There is also the First Act Theatre Company and the Meadowbrook Choir. They also go into Ryde to do things like swimming, bowling, ice-skating and go to the cinema.



Salters Road, Ryde, PO33 3HU



01983 810172



Medina Centre

Isle of Wight 
Primary Care Trust

The Island's new unique NHS organisation



Medina Centre is a day centre for adults with a learning disability. There are lots of things to do at the centre. Things like cooking, woodwork, craft and gardening. They go into Newport to do shopping, play pool and go to the cinema or pub. They also do things like bowling and swimming. They have trips to the mainland. Service users meet every week. They help to say how the service is run.



School Lane, Barton, Newport, PO30 2HS



01983 523090

Osel Enterprises



Osel Enterprises works with people who have a disability or mental health issues. They try to help you to get what you want in life. Things like paid or unpaid work or a new social activity. You can also learn new skills to help you deal with every day life more easily. You can find out more by ringing them.



7 Daish Way, Dodnor Industrial Estate, Newport, PO30 5XJ



01983 523000



www.osel-iow.com



Riverside Centre

Riverside
CENTRE



The Riverside Centre is open to everyone. There are lots of things to do. Things like woodwork, craft and computers. You can learn about gardening and looking after plants. They can help with training and work experience. There are lots of different groups you can join. They have staff that can help you with these activities.



The Quay, Newport, PO30 2QR



01983 822209



www.riversidecentre.org.uk

Ryde House Resource Centre



Ryde House Resource Centre is a day centre for adults with a learning disability. You can take part in lots of types of activities. Things like social events, leisure and sports. Some of the things you can try are creative writing, bowling and swimming. You can also learn new skills. Things like independent living skills.



Ryde House, Binstead Road, Ryde, PO33 3NF



01983 564004



trudiekingston@rydehouse.com



Special Needs Unit

Isle of Wight 
Primary Care Trust

The island's new unique NHS organisation



The Special Needs Unit is a day centre for adults with profound and multiple disabilities. Most of the activities have a sensory theme. This helps you to engage with things around you and other people. They use their minibus to take you out and about. You can do things like swimming, horse riding and hydrotherapy. They also do things like physiotherapy, aromatherapy and body massage. These help you to keep mobile and healthy.



Medina Centre, School Lane, Barton, Newport, PO30 2HS



01983 528336



Employment services



Employment services can train you for work. They can help you to get paid or unpaid work. When you have a job, they help you to keep your job.

Connexions



Connexions supports all young people who are 13 to 19, and up to 25 years old for people with a learning disability. A Connexions Personal Adviser is someone that can help you. They will talk with you about what you are good at, what you enjoy and what you could do when you leave school. You can also talk with your Personal Adviser about money, health or relationships.



29 High Street, Newport, PO30 1SS



01983 525927



infoiow@connexions-southcentral.org



www.connexions-southcentral.org

Jobcentre Plus



Jobcentre Plus helps people who are 18 – 65. They help you to look for a job. They support people in lots of different ways. They can look at what training you might need. This might be training where you go every day or where you live somewhere else for a short time. They can also help get you onto different employment schemes. They have a big website where you can see what jobs there are.



Broadlands House, Staplers Road, Newport, PO30 2HX



01983 273000



www.jobcentreplus.gov.uk



Mencap Pathways

MENCAP
Understanding learning disability



Mencap help people with work if they have a disability. To get help you have to be over 16. They will talk to you about your needs. They will help you to find the work that suits you. This may be volunteer work. Or it might be training or paid work. They can help support you when you are in paid work. They will do this by making sure you learn the skills to keep your job.



Exchange House, St Cross Lane, Newport, PO30 5BZ



01983 529461



anna.roberts@mencap.org.uk



www.mencap.org.uk

No Barriers



No Barriers helps people with a learning disability to get a job. This may be working as a volunteer. Or having a part time or full time paid job. Once you have a job, they will help you to keep it. They help with lots of things like skills training and job coaching. They help you and the person you work for.



Ryde Social Services Centre, Ryde Town Hall, Ryde, PO33 2NQ



01983 566011



alix.woodford@iow.gov.uk



Osel Enterprises



Osel Enterprises works with people who have a disability or mental health issues. They try to help you to get what you want in life. Things like paid or unpaid work or a new social activity. You can also learn new skills to help you deal with every day life more easily. You can find out more by ringing them.



7 Daish Way, Dodnor Industrial Estate, Newport, PO30 5XJ



01983 523000



www.osel-iow.com

Riverside Centre



The Riverside Centre is open to everyone. There are lots of things to do. Things like woodwork, craft and computers. You can learn about gardening and looking after plants. They can help with training and work experience. There are lots of different groups you can join. They have staff that can help you with these activities.



The Quay, Newport, PO30 2QR



01983 822209



www.riversidecentre.org.uk



Health services



Health services are very important for people. They help people to get healthy and stay healthy. There are lots of things they can help you with. Things like diet, sexual health and going into hospital.

Here are some of the services that can help you.

Chiropodists

Isle of Wight **NHS**
Primary Care Trust

The Island's new unique NHS organisation



Chiropodists help you to keep your feet healthy. They visit you in your home. They do things like cut toenails and help with corns. If you want help from a chiropodist you can ring St Mary's Hospital.



01983 534935

Community Learning Disability Nurses

Isle of Wight **NHS**
Primary Care Trust

The Island's new unique NHS organisation



The Team help people with a learning disability look after their health. They also help other health staff look at people's health needs. They can help with lots of health issues. Things like epilepsy and problems with behaviour. They can help if you need to go into hospital. If you want them to help you with your health, you can ring them.



Arthur Webster Clinic, 35 Landguard Manor Rd, Shanklin, PO37 7HZ
01983 866179



Community Mental Health Team

Isle of Wight **NHS**
Primary Care Trust

The Island's new unique NHS organisation



Mental Health services are there for anyone that needs them. They help you when you have mental health problems. These are things like feeling depressed or very anxious. If you want their help you can speak with your doctor. Your doctor will get in touch with the mental health service and ask them to see you. You can also go to the Community Learning Disability Nurses and ask them for help.



Arthur Webster Clinic, 35 Landguard Manor Rd, Shanklin, PO37 7HZ
01983 866179

Dentists

Isle of Wight **NHS**
Primary Care Trust

The Island's new unique NHS organisation



Dentists help you to keep your teeth healthy. You should go to the dentist regularly to make sure your teeth stay healthy. You can see your dentist if you have a tooth ache. If you do not have a dentist and you are in pain, you can ring the dental helpline. They will tell you which dentist you can see.



0845 603 1007

Doctors

Isle of Wight **NHS**
Primary Care Trust

The Island's new unique NHS organisation



Doctors help you to keep well and healthy. You can see your doctor if you are not feeling well. They will listen to what you tell them. They might also look at what hurts. They will help you to get better. If you do not have a doctor, you can ring the Primary Care Trust (PCT). They will tell you which doctors you live near. You can then choose which one you want to see.



01983 524081



Macmillan Nurses



There are 5 nurses in the team. They look after people who are poorly and that might be dying. They look after people in their home, in the hospital or in the Hospice. They work with staff from health and social care. This helps them to look after people better. If you want to speak with one of the team, you can ring them.



Earl Mountbatten Hospice, Halberry Lane, Newport, PO30 2ER



01983 533331



pat.taylor@iow.nhs.uk



www.iwhospice.org

Primary Care Trust



The Island's new unique NHS organisation

The Primary Care Trust works with the Council as well as other people to help you make your health better. They make sure you get the services you need in the community and hospital.



01983 524081

Psychology Service



The Island's new unique NHS organisation



Psychologists are part of the Community Learning Disability Team. Psychologists can help you with things like depression, anxiety or bad habits that you want to change. They help you by talking and not with tablets. They know about things like autism and dementia and can help people to cope. They can also help people who care for you. You or your carer can ask for their help.



Arthur Webster Clinic, 35 Landguard Manor Rd, Shanklin, PO37 7HZ



01983 866179



SHIELD – Sexual Health



SHIELD is a confidential service that helps you with your sexual health needs. They can help you with lots of things. Things like relationships, body changes and personal hygiene. They can also help with sexual health, contraception and pregnancy advice. You can get more information by ringing SHIELD or speaking to your care manager.

There is a SHIELD clinic at St Mary's Hospital. It gives advice, information and treatment for sexual health. To make an appointment, ring 534202.



Arthur Webster Clinic, 35 Landguard Manor Rd, Shanklin, PO37 7HZ



01983 866179



Housing



These pages tell you about housing services and how they can help you.

There is also a list of housing associations. Housing associations can help you to find your own home.

Housing Services



Housing Services can help with housing. Things like if something is wrong with where you are living, or if you want to move to a new home. Sometimes they can help you if you have to leave where you are living or if you do not have anywhere to live. They have a book called "Home Choices". It gives information to help you with your housing. If you would like this book, you can get one from Housing Services.



7 High Street, Newport, PO30



01983 823040



www.iwight.com

Supporting People



Supporting People helps you to learn how to look after your home. They also help you with how to pay bills and using your money better. They show you how to keep your home clean and tidy and to get on with the people you live with. To get help speak to your care manager or the Learning Disability Team.



Innovation Centre, St Cross Business Park, Newport, PO30 5WB



01983 550477



www.iwight.com/supportingpeople



Here is a list of housing associations on the Isle of Wight.

✉ Island Cottages Ltd
1 Taylor Court
The Green
Shorwell
Isle of Wight
PO30 3LQ



01983 741001



islandcottages@freenet.co.uk

✉ Medina Housing Association
Lugley House
Lugley Street
Newport
Isle of Wight
PO30 5EL



01983 822811



enquiries@medinahousing.co.uk



www.medinahousing.co.uk

✉ South Wight Housing Association
The Courtyard
St Cross Business Park
Newport
Isle of Wight
PO30 5BF



01983 539000



info@south-wight.com



www.shgroup.org.uk

✉ Stonham Housing
8a High Street
Newport
Isle of Wight
PO30 1SS



01983 520805



www.hgl.org.uk

✉ Vectis Housing Association
30 Carisbrooke Road
Newport
Isle of Wight
PO30 1BW



01983 525985



enquiries@vectis-housing.demon.co.uk



www.vectishousing.co.uk



Support



Here are some of the support services that can help you.

Adult Learning Disability Team



The adult learning disability team helps people with a learning disability. They also help their family and carers. They can help you with parts of your life that you need extra help with. They can help you with lots of things. Things like keeping well, relationships, money matters and work. They can help you think about what you want to do with your life now and in the future.



Ryde Social Services Centre, Ryde Town Hall, Ryde, PO33 2NQ



01983 566011



www.iwight.com/council/ldpb

Advocacy Trust



The Advocacy Trust has volunteers who are called advocates. Advocates can help you speak up for yourself. They will listen to what you want to say and talk about your ideas. They can help you to make choices in your life. You can contact them and ask for an advocate.



Quay House, The Quay, Newport, PO30 2QR



01983 559299



iwadvocacy@yahoo.co.uk



www.iwadvocacytrust.org



Attendance Allowance (AA)



Attendance Allowance is a benefit. It is for people who are 65 years old or older and who are disabled. The money is to help pay for personal care. Things like having a bath, getting dressed, getting in or out of bed, moving about in your home and help to cook a meal.



0800 882200 New claims
08457 123 456 If you are already getting Attendance Allowance
www.direct.gov.uk

Carers Emergency Alert Card – Wightcare Services



The carers emergency alert card is for people who care for someone who is ill or disabled. You do not have to pay for it. Your carer takes the card with them wherever they go. The card is used if there is an emergency. It tells Wightcare who to get in touch with in an emergency.



Bugle House, 118a High Street, Newport, PO30 1TP
01983 533772
wightcare@iow.gov.uk
www.iwight.com/wightcare

Carers Forum

The Carers Forum works with the Council and the Learning Disability Partnership Board. The group meets every 2 months. It looks at things that affect carers. Things like health, housing and person centred planning. Anyone who cares for an adult with a learning disability can join. So can parents or carers of young people who are leaving school or college.



Ryde Social Services Centre, Ryde Town Hall, Ryde, PO33 2NQ
01983 566011
ann.obrien@iow.gov.uk
www.iwight.com/council/ldpb



Citizens Advice Bureau



The Citizens Advice Bureau can help you if you are worried about things. They can answer questions about money and what you spend it on. They can also help you with problems with your home or the people that look after you. People like your doctor or social worker. They will speak with you or your carer if you want them to.



Exchange House, St Cross Lane, Newport, PO30 5BZ



0845 120 2959



www.citizensadvice.org.uk

Disability Living Allowance (DLA)



Disability Living Allowance is a benefit. It is for children and adults who are disabled. The money is to help with getting around or for personal care. Things like having a bath, getting dressed and getting in or out of bed.



0800 882200 New claims



08457 123456 If you are already getting Disability Living Allowance



www.direct.gov.uk

Gateway Club



The Gateway Club runs clubs for people with a disability. There are clubs on Fridays, Saturdays and Sundays. The Friday and Sunday Clubs are for adults. The Saturday clubs are for children over 8 and young people. There is lots to do – computers, games and pool tables. As well as cookery, arts, disco and a coffee shop. The clubs are a good place to make new friends and socialise. You have to pay a small amount of money to go to each club.



26 Wilton Road, Shanklin, PO37 7BZ



01983 864891



www.iow-gateway.co.uk



Incapacity Benefit

jobcentreplus

Incapacity Benefit is for people under 65 years old and who cannot work because they are ill or disabled.



Broadlands House, Staplers Road, Newport, PO30 2HX



01983 273000



www.jobcentreplus.gov.uk



www.direct.gov.uk

Income Support

jobcentreplus

Income Support is a benefit. It is for people who cannot work full time and who do not have enough money to live on. There are lots of rules about who can get this benefit. To find out if you can get Income Support ring the number below or look at the website.



0845 608 8620



www.direct.gov.uk

Independent Arts



Independent Arts is a charity. They are based in Newport. They help people who are older, have a disability or are ill. They do this by helping you to take part in creative activities. Things like art, craft, music and movement to music. You get to meet new people. It is a happy and friendly place.



Shide Road, Newport, PO30 1HR



01983 822437



independentarts@care4free.net



www.independent-arts-iow.co.uk



Job Seekers Allowance (JSA)

jobcentreplus

Job Seekers Allowance is a benefit. It is for people who are trying to get a job. It is paid to them while they are not working.



Broadlands House, Staplers Road, Newport, PO30 2HX



01983 273000



www.jobcentreplus.gov.uk

www.direct.gov.uk

Jobcentre Plus – Benefits

jobcentreplus

Jobcentre Plus helps people with benefits. A benefit is money that the Government gives you if you are not able to fully support yourself through work. People who are sick and disabled, single parents or people who care for others can get benefits. If you want to find out more about benefits, you can call the numbers below.



Broadlands House, Staplers Road, Newport, PO30 2HX



0845 6026710 New Claims



01983 273000 Job Seekers Allowance and Incapacity Benefit



0845 608 8620 Income Support



www.jobcentreplus.gov.uk

Law Centre

LAW CENTRE
Legal Action for the community Isle of Wight

The Isle of Wight Law Centre is a charity. It gives free legal advice. It can help you if you are having problems. The things it can help you with are housing, welfare benefits, debt and employment. If you want to speak with someone, you can ring them or go to their offices.



Exchange House, St Cross Lane, Newport, PO30 5BZ



01983 524715



iowlc@iowlc.org.uk



Leisure Services



Leisure Services can tell you about leisure and sports. They can tell you what is happening near to where you live. They can also answer any questions you have about leisure or sports.



01983 821000



www.iwight.com

Lifeline – Wightcare Services



Lifeline is an alarm service for people who live in their own home. It makes sure you can get emergency help when you need it. You are given a special button which you press for help. You can use it at any time of the day or night, every day of the week.



Bugle House, 118a High Street, Newport, PO30 1TP



01983 533772



wightcare@iow.gov.uk



www.iwight.com/wightcare

Pensions Service



The Isle of Wight Pension Service helps people who are 60 and over to know what benefits they can get. A benefit is money that the Government gives you to help you to pay for things you need. They can visit you at home to talk about lots of different benefits. They can also help you to fill in an application form. You can ring them to find out which benefits they can help with.



Broadlands House, Staplers Road, Newport, PO30 2HX



01983 273034



www.thepensionsservice.gov.uk



People First



IW People First is a group for people with learning disabilities they run themselves. They meet every 2 weeks at Haylands Farm in Ryde. It is a lobbying group. This means the group tells other people what they think about things, like housing, leisure and work. They talk about how to make life better and try to help each other to do this. They have social activities, talks and other events.



26 Wilton Road, Shanklin, PO37 7BZ



01983 864891



johnsclubiw@homecall.co.uk



www.iow-gateway.co.uk

Person Centred Planning (PCP)



Person Centred Planning can help you in lots of ways. It can help you say how you want your life to be. It can help other people understand you better. It can help with where you live. It can help you get the support you need. It can help you do things that you want to do. It can help you meet people and make new friends. To find out more you can ring Pat Ready.



Bugle House, 118a High Street, Newport, PO30 1TT



01983 01983 821000 ext 2955



pat.ready@iow.gov.uk



Westminster House



Westminster House gives respite care to adults with a learning disability. They give both day and residential respite care. The respite care can be occasional or regular. It can be planned or short notice. Their services help support you and your carer.



Westminster Lane, Newport, PO30 5DP



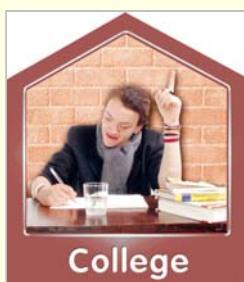
01983 526310



www.iwight.com/council/ldpb



Training and education



Here are some of the places that can help you get the training and education you want or need.

Adult and Community Learning Service



The Adult and Community Learning Service helps adults learn new skills. They do this by having lots of different courses. They look at what type of learning people need. Then they decide what courses they need to run. They run the courses where the people who need them live.



Cultural & Leisure Services, Guildhall, Newport, PO30 1TY



01983 823822



acl@iow.gov.uk



www.iwcommunitylearning.ac.uk

College



The IW College has lots of different courses. They will talk to you about the skills that **you** need to learn. You can learn about using the bus and shopping. Or you could learn to use the computer or to read better. The classes are small and there are lots of staff to help you. To arrange to visit the College then please ring Jane France or Simon Hancock.



Medina Way, Newport, PO30 5TA



01983 550809



info@iwcollege.ac.uk



www.iwcollege.ac.uk



Connexions



Connexions supports all young people who are 13 to 19, and up to 25 years old for people with a learning disability. A Connexions Personal Adviser is someone that can help you. They will talk with you about what you are good at, what you enjoy and what you could do when you leave school. You can also talk with your Personal Adviser about money, health or relationships.



29 High Street, Newport, PO30 1SS



01983 525927



infoiow@connexions-southcentral.org



www.connexions-southcentral.org

Learning Links



Learning Links can help you to find a course or workshop that is interesting and fun. You can ring them or drop in to see them. Or if you go to a club or centre they can come to see you there. You can take your carer or worker with you if you have one. They know lots about learning across the Island. They sometimes run courses themselves too.



The Store, 127 Pyle Street, Newport, PO30 1JW



01983 527529



www.learninglinks.gov.uk



www.eduwight.iow.gov.uk



St George's School



St George's School is for young people who are 11-19 years old. The pupils have a range of learning difficulties. The school is a place where pupils feel safe to learn. Everyone is treated with respect. The staff look at the skills and needs that pupils have. Staff encourage pupils to make the best of any chances that come along.



Watergate Road, Newport, PO30 1XW



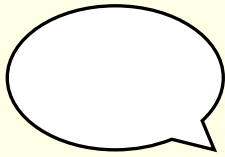
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office@stgeorges.iow.sch.uk



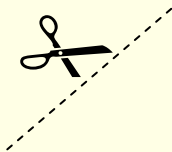
Tell us what you think



We want this book to be the best it can be. To do that we need your help. We want you to tell us what you think about this book.

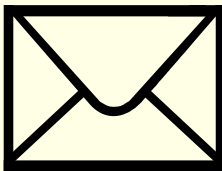


We would like you to answer the questions on this page and the next page.



When you have answered the questions you will need to cut this page out of the book. Cut the page along the dotted line.

Put the page into an envelope. The address to send the envelope to is:



Suzanne Wixey
Isle of Wight Council
FREEPOST (SCE 6572)
Newport
Isle of Wight
PO30 2BR



It is free to post. You do not need a stamp.

Questions

How easy is it to use this book? (please tick 1 answer)

Very easy Quite easy It is hard

What would make it easier to use?

.....

.....

.....



How often do you use this book? (please tick 1 answer)

A lot Sometimes Not very often Never

How did you get your copy of this book?

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Where is a good place for us to put this book so that you can pick one up more easily? For example, doctors or libraries.

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What other information would you like in the book?


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Are there any leisure or sports groups or clubs you would like us to put in this book? (please tick 1 answer)

No Yes

If there is, please tell us:

 Name What they are called:

 Their address:
.....
.....

 Their telephone number:

Thank you for taking the time to answer these questions.

Please cut out this page and post it to the address on page 41.



Help with this book



Do you need help to read or understand this book?

If the answer is **yes**, someone can help you.

Ring 559299 and ask for help.



01983 559299

These are other places you can get help:



✉ Adult Learning Disability Team
Ryde Social Services Centre
Ryde Town Hall
Ryde
PO33 2NQ

 **566011**

If you need help and you do not have a care manager, then ring our duty team on:

 **823340**

If you need help when our offices are closed, then call Wightcare Services on:

 **821105**



