

CONTENTS

1. Introduction	2
a) Purpose	2
b) Why we are consulting	2
2. Changing Face of Social Care nationally	2
3. Models of Support.....	3
a) Extra care housing	3
b) Live in Care	4
c) Homeshare.....	4
d) Assistive technology/ telemedicine	4
e) Shared Lives Schemes.....	5
f) Reablement Beds	5
g) Crisis Beds	5
h) Day Care	5
i) Specialist care	5
j) Sitting Services.....	6
k) Respite breaks	6
4. Care for Older People on the Island.....	6
a) Increasing needs nationally and on the Island.....	6
b) How the Isle of Wight Council compares to other authorities	8
c) Current care support provided.....	10
d) The Extent of Services currently provided by the Adelaide and the Gouldings	13
5. Summary.....	20

1. Introduction

a) Purpose

The Isle of Wight Council wants to understand the views of people who use services for older people on the Island (in particular day and respite support) and their families and carers. We also want to involve as many people as possible in thinking about the future of these services, to understand their views about the ways in which older people may be supported to remain as independent as possible in future.

We are committed to involving service users, relatives and carers in the debate about services for older people so we can ensure their changing needs are being met. We are also keen to hear from people who provide services for older people whether within the council, charities or businesses and also from the general public, both young and old.

The purpose of this report is to provide factual information about the changing needs, numbers of people and social care services nationwide and on the Island so that people are better able to get involved in the debate about the way forward, including the future roles of The Adelaide and The Gouldings.

b) Why we are consulting

The Council has decided to review all services to see whether they might be delivered differently, reducing the cost to the Council. The Cabinet paper which endorsed this on 7 December 2010 [Council Organisation: Future Shape and Direction](#)¹ is available online or on request from the address at the end of this report.

With the growing numbers of older people and increasing pressures on council resources we need to consider the range of support which is available now and will be needed in future. This means looking to see if there are different, more cost effective ways of supporting older people to remain independent in their own homes safely and for longer, including the role of The Adelaide and The Gouldings.

Whilst the most vulnerable people at greatest risk may be supported by the council, there will be those who choose to fund their own care and support, and others who will be expected to do so out of their own resources (including disability related benefits). The council will focus on supporting those at highest risk² and helping communities to develop their own capacity to support their more vulnerable members. Vulnerable older people will continue to receive services if they need them, but we want to make sure that we are making the best use of resources (both buildings and staff).

The Isle of Wight Council is committed to being an equal opportunities provider of services and to making improvements in service delivery and service re-design. We want to make sure that the right services are reaching the right people at the right time.

2. Changing Face of Social Care nationally

The face of Social Care is changing. The government launched a national programme in December 2007 called **Putting People First** which was about changing the way adult social care is delivered. Instead of local authorities providing limited services directly, they

¹ Available online at www.iwight.com/council/committees/cabinet/7-12-10/PaperC.pdf

² Further information about the Council's Eligibility Criteria is available from the website or address at the end of this report

would provide money in the form of a Personal Budget to people to use more flexibly to meet their individual needs.

This continued with the new coalition government who took things further with ***Think Local, Act Personal*** which was launched in November 2010. The government has set us the target of making sure that everyone has a Personal Budget by March 2013. At the heart of this is the principle of personalisation - putting the person at the centre of their care and support, promoting individual independence, with choice and control over the support received.

In future people will arrange and fund their support with a Personal Budget, making their own individual choice about what will work best for them. The system of Personal Budgets ensures that funding is allocated to people in a fair and open way based on an assessment of their needs and their ability to contribute towards the cost of meeting them.

Where at all possible we want to prevent problems arising in the first place, but when they do we want to take steps to make sure there are support mechanisms in communities to meet the needs for as many people as possible. We want to make sure that we can respond to the needs of the growing population of older people in the community, supporting them to regain their independence and return to their own homes as soon as possible.

3. Models of Support

Across the country local authorities are reviewing the provision of services for older people and considering the ongoing value of maintaining council run services. Councils are investing in an extensive range of support mechanisms to help people to remain living at home and to support their carers and families in their caring role. All of these services are subject to regulation and monitoring by the Care Quality Commission and/or the local authority (contract monitoring, care management and safeguarding).

Some examples of different models include:

a) **Extra care housing**

Extra Care Housing describes a type of specialised housing that provides independence and choice to people with varying care and support needs, and enables them to remain in their own home. This type of housing can be made available both for people who wish to purchase their accommodation and for those who need to rent it.

Extra Care Housing should be able to provide most residents, if they so desire, with a home for the remainder of their life, regardless of changes in their care needs. Services are provided in a purpose built, housing environment with care and support delivered to meet their individual needs. This type of housing provides 24-hour support, meals, domestic help, leisure and recreation facilities and a safe environment to its residents. It can also provide a base for out of hours or outreach services to the local community and access to a range of day care facilities on site.

In some cases these schemes can also include support which prevents avoidable admission to hospital or provide help to enable people to return home from hospital more quickly – often called Intermediate Care.

There are three places on the Island offering this service currently, one a partnership between The Adelaide and Medina Housing Association (10 one bedroom flats), the others provided through Southern Housing (34 units) at Ventnor and Newport.

There are numerous ways of arranging the payment for this type of support which would include the tenancy together with support arrangements which may be paid for on an hourly basis by the tenant. The hourly cost on the Island for the care element is approximately £14 per hour which compares well with other similar authorities.

b) Live in Care

This is a form of full-time care that makes it possible for someone to stay at home in familiar, relaxed surroundings with a comfortable routine, avoiding the disruption or confusion that may come with a move to a new unfamiliar environment.

This can be an excellent option for people who value their independence and want to stay in their own homes and not have to leave their familiar surroundings, friends and neighbours. A fully trained Live-in Carer lives in the home and provides bespoke individualised full-time care and companionship, following an agreed care plan that is personalised to the individual. The costs of Live-in Care are comparable to many nursing or care homes. Individual financial means would be assessed and they are likely to have to make a contribution towards this type of support.

c) Homeshare

This is a simple way of helping people to help each other involving two people with different needs, both of whom also have something to offer.

Firstly, people called **Householders** who have a home that they are willing to share but are at a stage in their life where they need some help and support.

Secondly, people called **Homesharers** who need accommodation and who are willing to give some help in exchange for somewhere to stay.

By putting these two people together Homeshare schemes manage to find the Householder the help, support and security needed and the Homesharer a place to call home, possibly rent free and maybe in an area or property that would have been financially out of their reach.

Both people, their families and communities benefit from the arrangement and the costs are very low. This type of arrangement may reduce the level of demand in terms of residential, re-ablement and crisis support to carers.

d) Assistive technology/ telemedicine

The term 'assistive technology' simply means any device or system that allows an individual to perform a task that they would otherwise be unable to do, or increases the ease and safety with which the task can be performed. This includes equipment and devices to help people who have problems with speaking, hearing, eyesight, moving about, memory, cognition (thought processes and understanding) or medication.

Assistive technology ranges from very simple tools, such as calendar clocks and touch lamps, to high-tech solutions such as satellite navigation systems to help find someone who has got lost. This enables people to remain independent in their own homes for longer and may result in a reduction in the need for people to leave their homes for reablement purposes and reduce the burden of caring.

The costs associated with assistive technology/telemedicine do range significantly according to the type of equipment in use. The costs may be balanced by a reduction in the need for paid staff to visit and avoiding accidents and crises.

e) Shared Lives Schemes

Shared Lives schemes are a way of providing accommodation and/or support in the community. The individual lives in a Shared Lives carers' home and may require additional support to maintain their independence. Shared Lives carers can support a maximum of three adults at any one time and are self-employed. Shared Lives schemes may be directly managed by the local authority or by an organisation independent of the local authority (usually a charity) and are regulated by the Care Quality Commission. (Note: Shared Lives schemes were previously known as adult placement schemes.) Such schemes might also be able to provide short term support at times of crisis or planned regular respite.

f) Reablement Beds

These services provide older people with a structured re-ablement programme in a residential home setting for those people who have had a stay in hospital or due to ill health require a short stay away from home to recover.

The 24 hour support offered provides the time to re-gain independent living skills and confidence enabling that person to return home and is available to people who meet their eligibility criteria. Should long term support be needed, then this service provides the breathing space for individuals and families to consider all the options available.

g) Crisis Beds

These are beds that are available at short notice in emergencies, when there is a crisis either for the service user or their carer. With such services there is generally a higher cost because by their nature they need to keep empty beds available. Currently there are arrangements in place for GPs to be able to make such referrals for 4 beds.

The benefits of such schemes are that they can prevent much more costly alternatives such as hospital admissions or other specialist placements.

h) Day Care

At its broadest definition, this would include any daytime activity which meets the needs of either or both the service user and their carer. It could meet a range of individual needs including maintaining friendships and community involvement, mental stimulation, respite for the carer and the cared for person which are important in maintaining wellbeing.

More traditionally, this has been offered in a formal setting (such as day centres or residential places), but with the introduction of personal budgets, more flexible arrangements are being made which suit individuals (such as employing a personal assistant to take the individual to an event, shop or club of their choice that best meets their needs).

i) Specialist care

This describes arrangements that support people with a very high level of need, such as those with late stage dementia and/or significant physical disability. Typically people with higher levels of support will access specialist services such as those provided through nursing homes or specialist third sector providers. The move to personal budgets enables people to tailor their support to their individual needs which opens up their options beyond the existing more traditional approaches.

j) Sitting Services

This involves someone coming into the person’s home to enable their carer to have a break. This is currently provided free of charge by the local authority (up to two hours per week).

k) Respite breaks

Respite breaks have typically been provided in either residential or nursing homes to provide a break for the carer and/or cared for person. These are generally planned during the year, but may also be in response to a crisis.

With the move to Personal Budgets, other opportunities are opening up which may extend the choices for people looking for short stays beyond respite breaks offered in residential or nursing home settings.

4. Care for Older People on the Island

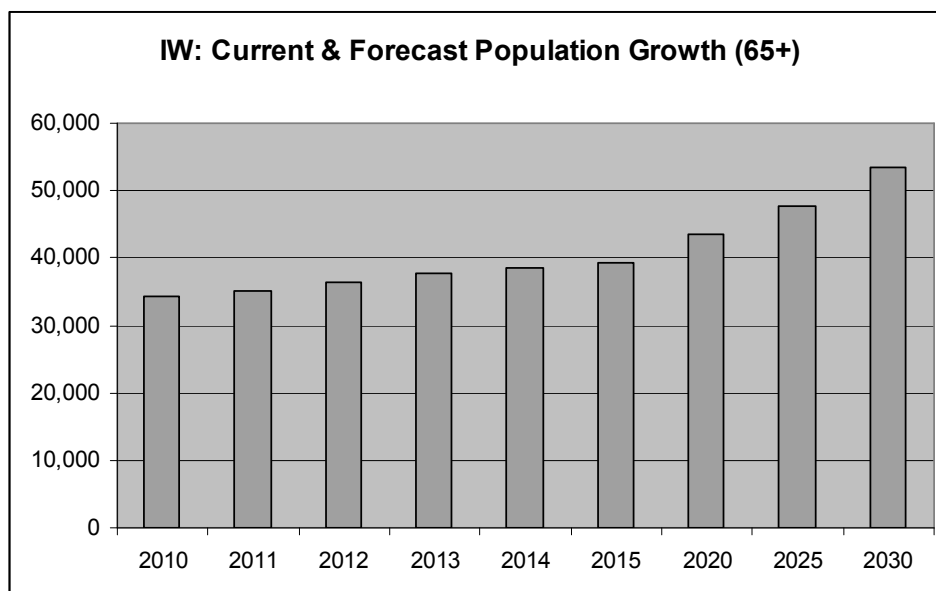
a) Increasing needs nationally and on the Island

The table on the following page provides a comparison for populations of older people on the Island, in the South East and throughout England for 2011, 2016 and 2021.

It is estimated that:

- in 20 years time, 1.7 million more people in the UK will have a care need than today³
- the number of people aged over 85 will double by 2026
- the number of people over the age of 75 will increase from 4.7 million to 8.2 million by 2031⁴

The following graph shows the growth in numbers of people aged over 65 years on the Isle of Wight between now and 2030.



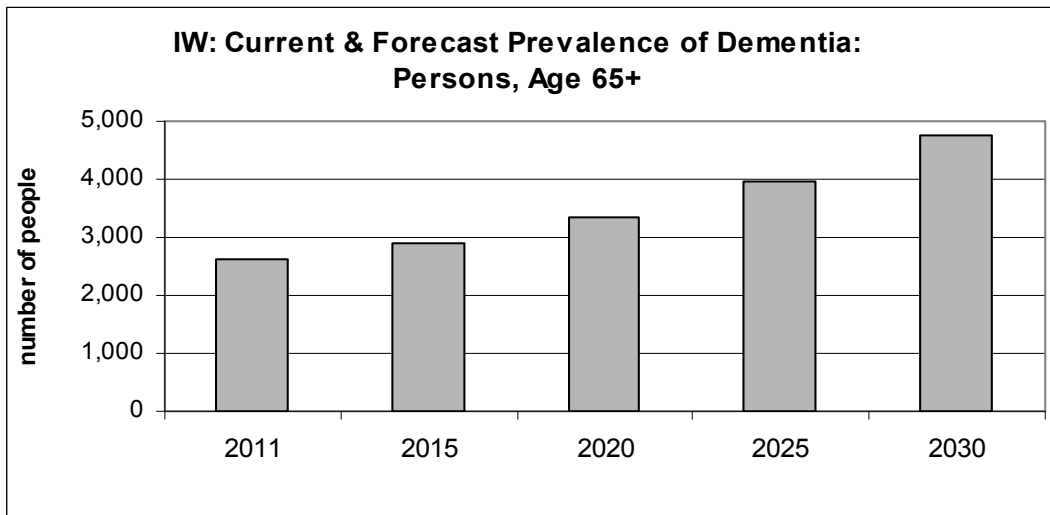
³ First step to sustainable support and care system, Department of Health news release, 20th July 2010, http://www.dh.gov.uk/en/MediaCentre/Pressreleases/DH_117636

⁴ Subnational Population Projections (SNPP) for England <http://www.statistics.gov.uk/statbase/Product.asp?vlnk=997>

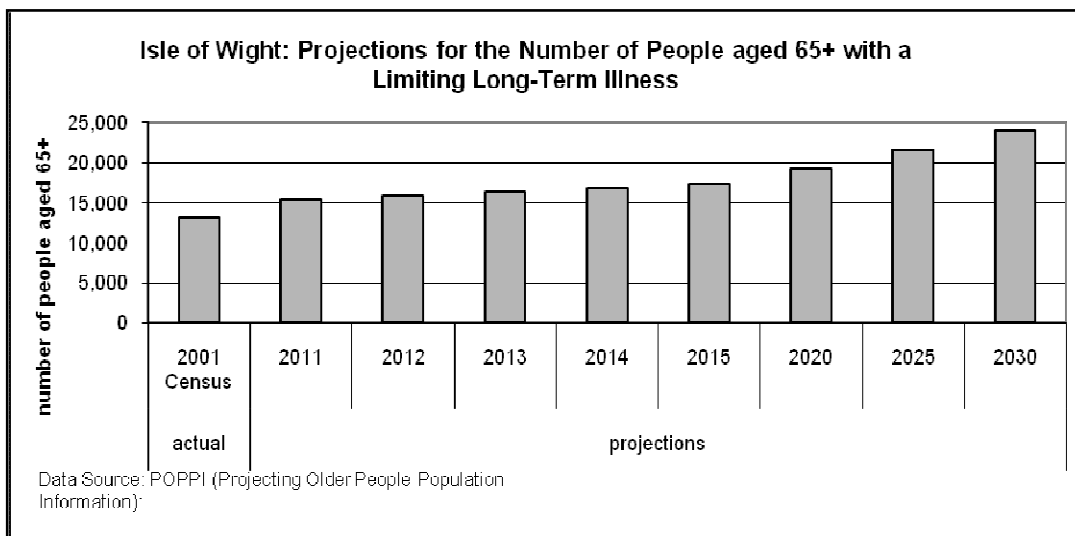
Population Projections: 2011, 2016, 2021 by older persons age groups, Isle of Wight, South East and England

	2011		2016		2021		% Growth within age band 2011 to 2021	
	000's	% of total population	000's	% of total population	000's	% of total population		
Isle of Wight	60-64	11.3	7.9%	10.0	6.7%	11.1	7.1%	-1.8%
	65-69	10.5	7.3%	11.5	7.7%	10.3	6.6%	-1.9%
	70-74	7.8	5.4%	10.1	6.8%	11.1	7.1%	42.3%
	75-79	6.2	4.3%	7.1	4.7%	9.2	5.9%	48.4%
	80-84	5.1	3.6%	5.3	3.5%	6.2	4.0%	21.6%
	85-89	3.5	2.4%	3.7	2.5%	4.1	2.6%	17.1%
	90+	2.0	1.4%	2.6	1.7%	3.1	2.0%	55.0%
	Total for older persons	46.4		50.3		55.1		18.8%
	Total population	143.7		149.4		155.9		8%
South East	60-64	526.0	6.1%	477.5	5.4%	539.2	5.8%	2.5%
	65-69	429.8	5.0%	501.0	5.6%	456.7	4.9%	6.3%
	70-74	338.4	4.0%	403.8	4.5%	473.4	5.1%	39.9%
	75-79	285.1	3.3%	308.1	3.5%	370.6	4.0%	30.0%
	80-84	221.4	2.6%	240.1	2.7%	266.7	2.9%	20.5%
	85-89	142.3	1.7%	159.5	1.8%	182.6	2.0%	28.3%
	90+	83.6	1.0%	104.9	1.2%	131.2	1.4%	56.9%
	Total for older persons	2,026.6		2,194.9		2,420.4		19.4%
	Total population	8,563.9		8,896.2		9,248.4		8%
England	60-64	3,117.7	5.93%	2,845.0	5.22%	3,177.5	5.63%	1.9%
	65-69	2,526.7	4.81%	2,938.7	5.39%	2,691.6	4.77%	6.5%
	70-74	2,044.9	3.89%	2,340.0	4.30%	2,740.2	4.86%	34.0%
	75-79	1,684.0	3.20%	1,820.8	3.34%	2,108.9	3.74%	25.2%
	80-84	1,274.3	2.42%	1,372.9	2.52%	1,531.8	2.71%	20.2%
	85-89	794.3	1.51%	880.9	1.62%	1,008.1	1.79%	26.9%
	90+	432.2	0.82%	542.6	1.00%	675.5	1.20%	56.3%
	Total for older persons	11,874.1		12,740.9		13,933.6		17.3%
	Total population	52,577.1		54,471.9		56,432.5		7%

The biggest challenge is likely to be the growing numbers of people over 65 with dementia as shown below.⁵ By 2015 there will be a 10% increase and, by 2030, an 81% increase.



There will also be a considerable increase in the numbers of people aged over 65 years who have a limiting long-term illness.



b) How the Isle of Wight Council compares to other authorities

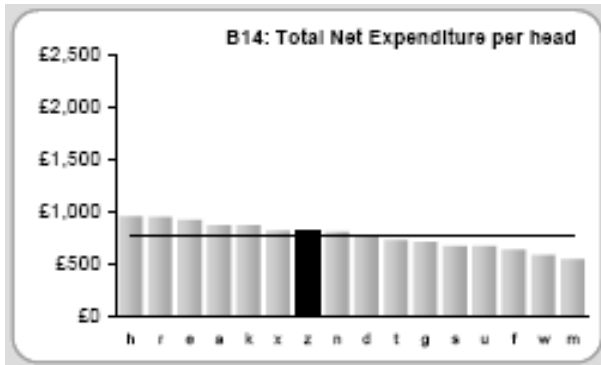
Each year councils submit data to the Chartered Institute of Public Finance and Accountancy UK (CIPFA) who then analyse it and produce a helpful report that compares the Isle of Wight with a group of 15 authorities who have a similar profile to the Island. These authorities include Northumberland, East Riding, York, Sefton, Wirral, Cheshire West, Herefordshire, Shropshire, Southend, Bournemouth, Poole, Cornwall, Bath, North Somerset and Torbay.

⁵ Projecting Older People Population Information System (POPPI) <http://www.poppi.org.uk/>

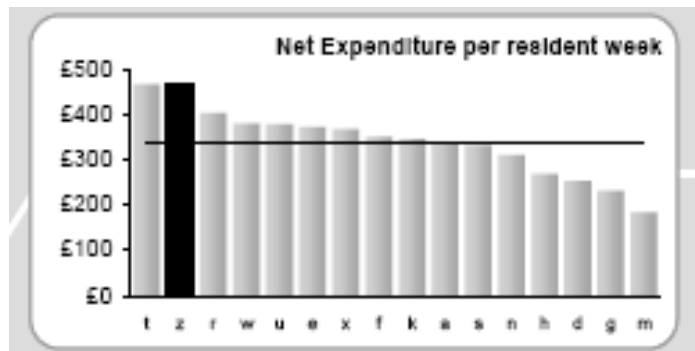
Care For Older People on the Isle of Wight - Market Report

The most recent report available covers the year 2009-10⁶ and some relevant facts relating to services for older people include (IW data is in black on the graphs):

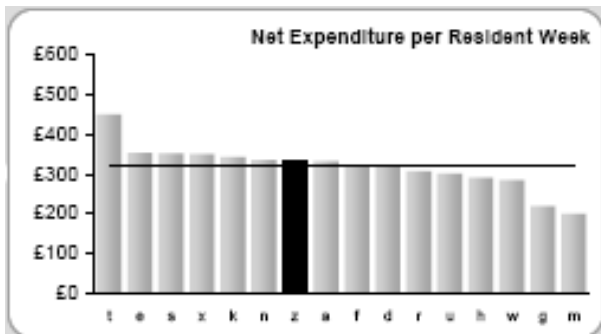
- We were an average spender on services for older people.



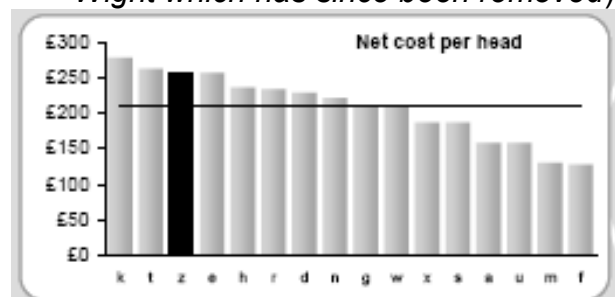
- Our expenditure on nursing care is comparatively high.



- Our expenditure on residential care is average.



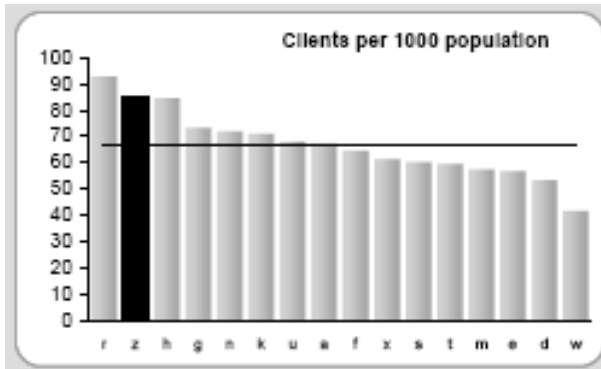
- We were a higher net spender on homecare (NB this may have been distorted by the free homecare for over 80's only offered by the Isle of Wight which has since been removed)



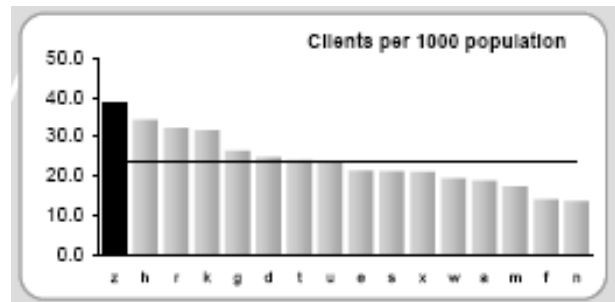
⁶ A copy of the CIPFA report will be made available on iwight.com

Care For Older People on the Isle of Wight - Market Report

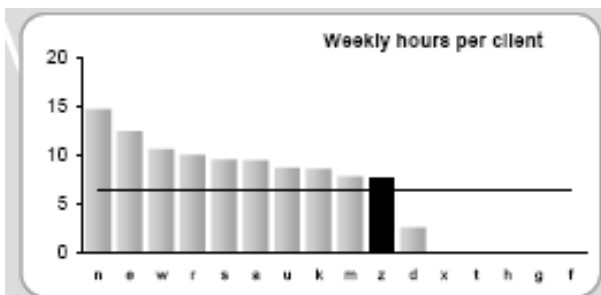
- We supported more older people per head of population



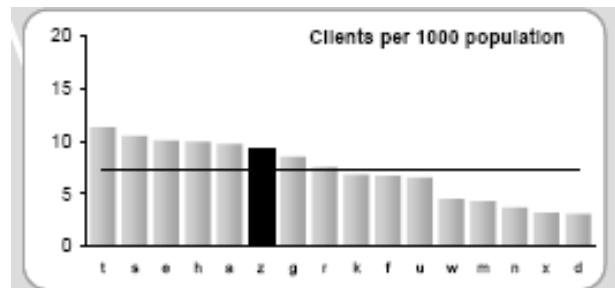
- We supported more people through homecare per head of population.



- The average level of homecare support was generally lower in terms of weekly hours per client



- We were just above average in the numbers of people we supported through day care.



c) Current care support provided

Residential Respite Care

The council currently directly provides planned and crisis residential respite care via 48 beds at The Adelaide and The Gouldings and also has contracts with three private residential homes for a further four beds. There is also provision for people with high

Care For Older People on the Isle of Wight - Market Report

physical support needs of all ages, including older people, as well as are intermediate care beds which are funded by the Primary Care Trust (PCT) for people of all ages leaving hospital but not yet ready to return home.

It is difficult to make comparisons of costs between these services because they offer very different types of support according to the range of need and service required. For example, intermediate care beds are generally supported by nursing (or multi professional) staff whereas respite care is provided by care staff. The amount of support individual people need can also vary significantly.

However, as a guideline, the weekly costs in the year April 2010 to March 2011 (based on full occupancy) were as follows:

- three private residential homes (four beds) varies between £403 to £455
- Adelaide (24 beds) £683 and Gouldings (24 beds) £690
- Support for high physical needs (one bed) £911
- Intermediate care beds in nursing homes (33 beds) £637

The above reflects costs if all beds are always in use. However, residential respite costs are greater in reality because occupancy levels vary between 60% and 86%. The nature of this type of service means that full occupancy is most unlikely to be achieved because the needs met cannot be planned to ensure there are no vacancies – people choose when they want a planned break and clearly crises can happen at any time.

Day Care

Both The Adelaide and Gouldings currently provide respite day care for older people with either physical and/or mental health needs (including people with dementia).

From April 2010 to March 2011, they provided 7,757 day care sessions to 187 people.

There are 48 private residential/nursing homes who offer full and half day day-care opportunities across the island for older people including those with dementia. Most provide transport and most offer an opportunity for a bath and meals. The range of day care costs are as follows:

Private residential providers - £17.68 half day and £25.91 for full day

Adelaide & Gouldings – £20 half day and £31 for full day

Nursing homes - only provide full days at £35

Specialist dementia care

Support is provided for people with dementia who require extra support generally via services specifically developed for people with dementia at the higher end of the cost range, usually in nursing homes.

Community Psychiatric Nurses provide post diagnostic counselling service for people and carers to help come to terms with diagnosis and prognosis.

There is also a group run by the Alzheimer's Society for carers, who are supported to attend through the free sitting service provided by the council. There is an Island branch of Alzheimer's Café UK where people with dementia, their carers and professionals meet once a month with speakers and providing advice and information.

Age Concern IW is working with the Memory Service (PCT) to establish a group of specialist volunteers who will support older people with dementia.

Extra Care Housing

There are currently two units run by Southern Housing Group (charitable housing association) one with 16 (Byrnhill Grove, Ventnor) and the other with 18 (Furze Brake, Newport) extra care housing units, where both the tenancy and limited care support are provided by the group.

There are also 10 extra care units owned by Medina Housing on the same site as The Adelaide and members of staff from The Adelaide provide the care support.

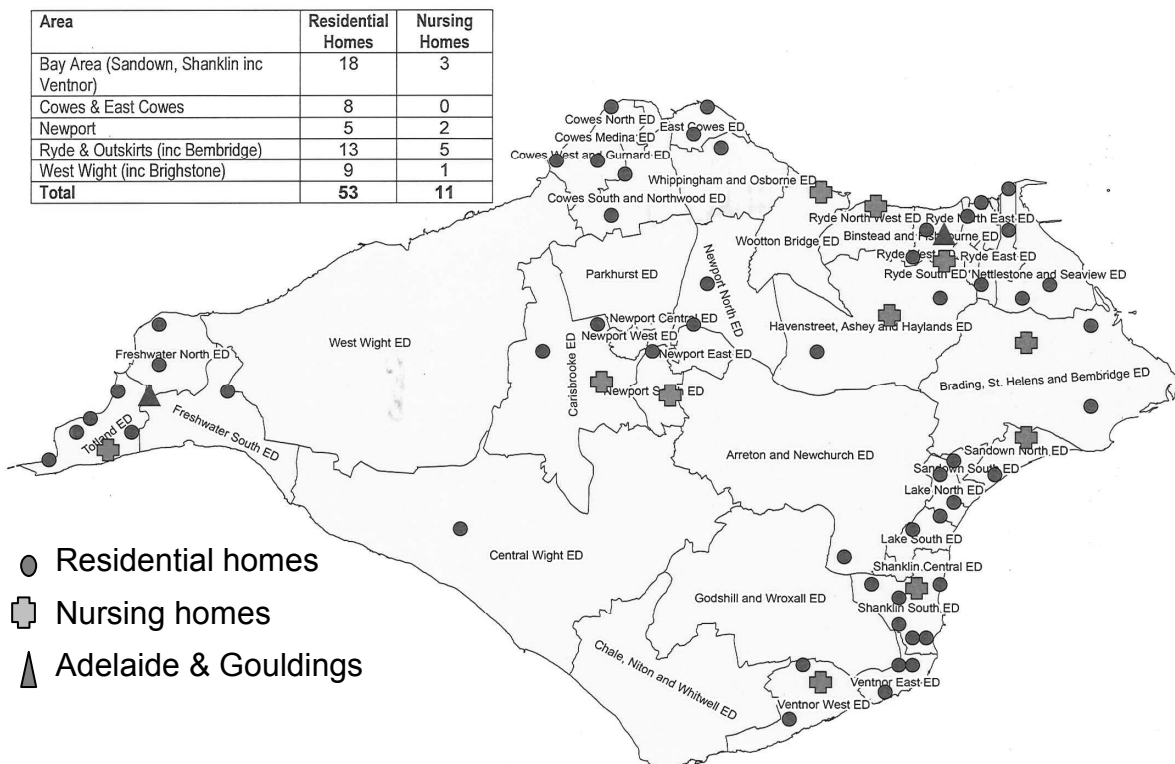
Long stay residential and nursing home care

This type of provision is for people who have decided that they can no longer manage in their own homes and want to live somewhere where care and support is reliably available for 24 hours a day. Many providers of this type of support may also be offering respite and day care services from the same premises.

The map below shows the distribution of residential homes for older people (65+) and nursing homes on the Island by ward (not absolutely precise locations within wards). The triangles show the locations of The Adelaide (Ryde) and Gouldings (West Wight), dots are private residential homes and crosses are nursing homes. There is currently no voluntary sector long stay residential provision on the Island and the council no longer provides any long-stay residential provision directly.

The 53 private long-stay residential establishments have around 1,800 rooms at any one time (varies slightly) and in May 2011 there were 205 vacancies (11%). There are a further 11 nursing homes across the Isle of Wight and the map below shows the general locations of all establishments, as well as The Adelaide and The Gouldings.

Please note that the markers may not be exactly accurate to detailed addresses as the following map is intended to give a broad impression of the general locations.



**d) The Extent of Services currently provided by the Adelaide and the Gouldings
*The Adelaide***

The Adelaide Resource Centre is a purpose built, two storey resource centre situated in a residential area of Ryde, close to local shops. The complex includes sheltered housing, day care services and with facilities for respite, and has some parking.



The complex is registered with the Care Quality Commission (CQC) to provide care and accommodation for up to 24 older people, comprising:

16 beds used for regular respite to support carers

6 beds for short stay placements providing care for those in crisis situations or on hospital discharge

2 beds available to GPs to avoid unnecessary hospital admissions

Referrals come directly from care managers or, in the case of GP beds, from GP's.

The Adelaide is able to support people with higher care needs i.e. emergency placements out of hours and hospital discharges (when no nursing care is needed).

95% of the people using the Adelaide return to their own homes after their stay.

Additional support provided on site includes:

Respite Day Care

The Adelaide runs a day care service, seven days a week, with up to 25 people attending each day. It is available 365 days a year and is beneficial in terms of continuity for those who attend for regular respite breaks, particularly those with memory problems.

There is a mini-bus providing pick up service radiating out to Cowes, Wootton, Brading and Binstead. The service runs from approximately 8am to 4 pm, however people are able to stay later for tea, earlier drop off and pick up can also be arranged to accommodate carers / families.

Main meals are available at a cost of £5.00, £2.40 for a light meal and a bath is available for £6.00 a session.

Emphasis is placed on promoting independence and social interaction. Afternoon activities such as quizzes, card games and scrabble are available depending on what people attending would like to do.

Supported living flats

There are 10 purpose-built independent living flats attached to The Adelaide which are owned by Medina Housing Association. Members of staff from The Adelaide undertake the monitoring and support role on behalf of Medina Housing, providing a daily welfare check, attending to any minor issues or emergencies that arise and cleaning shared areas. In

addition, residents are able to access additional care support when needed and make use of the communal facilities within The Adelaide, including dining and laundry facilities.

Independent living flat

This three bedroom flat is currently sub let to the adult learning disability team for £300 per month. It functions as an independent living training flat that is used by members of the team to increase people's independent living skills. A number of external organisations involved with people with a learning disability also use it for a similar purpose.

It is currently used approximately four times a week by the following organisations:

- The Isle of Wight Advocacy Trust runs a Health Buddies Programme that is funded for a year by the Public Health Team. It promotes healthy lifestyles and runs on a Wednesday from 10.30am – 2.00pm
- The No Barriers Employment Team runs an employment skills group rotating on a six weekly basis preparing people for work.
- The Phoenix Centre and Northbrook House use the facility to teach individual programmes when people require individual support.

Hair dressing salon is available Monday to Friday with the hairdresser on site dependent upon bookings.

Chiropodist visits once a month for customers who have booked privately.

League of Friends

The Adelaide has a strong League of Friends group whose volunteers run the shop. Profits are used by the group at their discretion to purchase additional items that benefit the people who use The Adelaide. For example, in December 2010 they purchased 12 flat screen televisions so that residents can watch TV in the comfort of their rooms if they wish.

They also periodically hold garden parties and other events, most recently helping to organise a party to celebrate the Royal Wedding.

Community links

The following community groups use the centre:

S.W.A.G (South West Action Group) set up by the local Isle of Wight councillor to provide an opportunity for local residents and organisations to discuss local issues on a monthly basis.

Local Carers Support Group – an Alzheimer's support group meet monthly

Physically Disabled group – meets every Tuesday night in the craft room and make a donation to the League of Friends.

Memory Service – health colleagues use space to meet service users and carry out reviews.

Inspection Information/Sustainability

The service is regularly inspected by the Care Quality Commission (CQC), with the last full review of service having been undertaken in December 2008, when The Adelaide was awarded an excellent three star rating with no improvement recommendations made. A subsequent report based on information supplied by the home was also completed in September 2009.

The building continues to meet the requirements set out in the Health and Social Care Act 2008 (Regulated Activities) Regulations 2010.

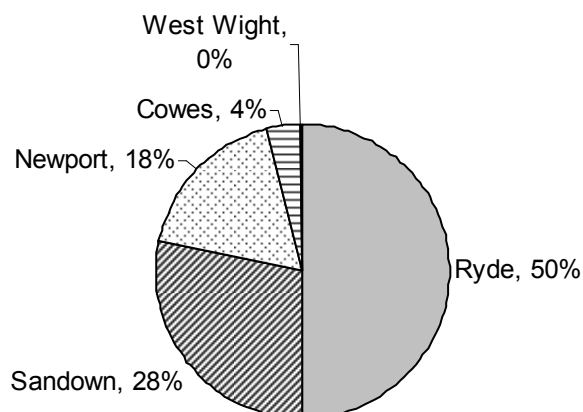
The national minimum standards are core standards which apply to all care homes providing accommodation and nursing for older people. The standards apply to homes for which registration as care homes is required and focus on achievable outcomes for service users (i.e. the impact on the individual of the facilities and services of the home). The standards are grouped under the following key topics, which highlight aspects of individuals' lives identified by the CQC as most important to service users:

- Choice of home
- Health and personal care
- Daily life and social activities
- Complaints and protection
- Environment
- Staffing
- Management and administration

Full details of the standards and reports are available from CQC⁷

Respite admission information by area

The graph below illustrates that the vast majority of service users that attend live in the East Wight and predominantly from Ryde, with very few people attending from the West Wight area. Sub areas such as villages etc within this report are collated within broad areas such as Ryde to assist in the interpretation of data.



⁷ CQC can be contacted in writing at National Correspondence, Citygate, Gallowgate, Newcastle upon Tyne, NE1 4PA or telephone 03000 616161 or via their website at <http://www.cqc.org.uk>

Care For Older People on the Isle of Wight - Market Report

Attendance 1st April 2010 – 31st March 2011

Two thirds of people attending The Adelaide do so to access regular respite with approximately one third attending day care. There is also some cross over with people using both services.

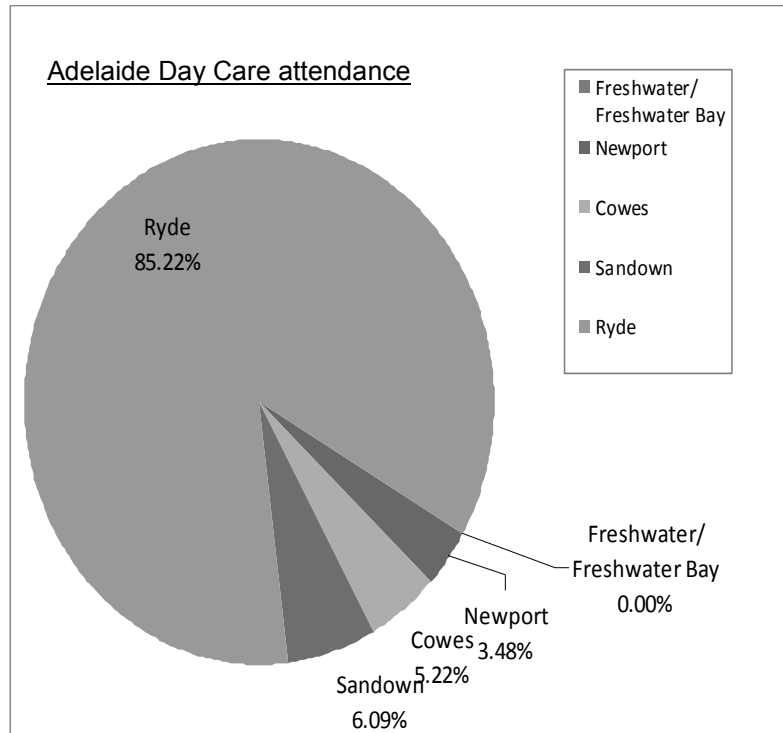
266 people used the regular respite/emergency facilities

115 people used day care facilities

Seven people accessed the GP beds (NB this was only available for the last two months of the year)

Day care attendees

predominantly come from Ryde (85%) with the remainder shared between Newport, Sandown and Cowes



The Gouldings

The Gouldings resource centre is a 24 bed, three storey detached building located in a residential area of Freshwater. The number of beds available was adjusted down from 34 to 24 in August 2009 due to reduced occupancy levels though the additional rooms remain part of the building.

The home offers residential respite care, rehabilitative support and day care. There is a range of single and shared bedrooms with ample communal space and gardens. The building is accessible and there is a passenger lift to access the upper floors. People using the service are referred to The Gouldings by care managers, with all those receiving services having been assessed as eligible for support under the FACS eligibility criteria and via the Intermediate Care Service in respect of the designated rehabilitation beds.

The accommodation comprises:



14 beds for regular respite, crisis to carers admissions or emergency admissions following falls etc

Eight beds set aside specifically for Intermediate Care with more intensive support to promote a person's independence with the goal of them returning home where possible

Two beds available to GP's to admit people directly avoiding the need for potential in-appropriate hospital admissions

The criteria for access to the

Gouldings currently is the same as the Adelaide in that the person must be over 50 years old, have met the council eligibility criteria (except for the GP and intermediate care beds) and not have needs that should be met in a nursing home placement.

83% of the people return to their own homes.

Respite Daycare

Day care support is provided Monday to Friday with 25 spaces available each day. There is potential to expand the service offered to 7 days a week. A mini bus service is available to pick up and drop off service users as required. This service is available to people living as far out as Brighstone and Shalfleet with flexible times to suit the needs of carers and families.

Main meals are available at a cost of £5.00, £2.40 for a light meal and a bath is available for £6.00 a session.

Emphasis is placed on promoting independence and social interaction. Afternoon activities such as quizzes, card games and scrabble are available depending on what people attending would like to do.

Hair dressing facility is available Monday to Friday with the hairdresser on site dependent upon privately made bookings.

Laundry service was previously available was stopped during the year due to reducing staffing levels

League of Friends

The Gouldings also has a strong League of Friends group whose volunteers run a shop and a trolley service which is available for all customers. Profits are used by the group at their discretion to purchase additional items that benefit the people who use The Gouldings, for example, buying a large screen television for one of the communal lounges and garden furniture.

Community Links

Memory club – This group was set up by local Community Psychiatric Nurses (CPN's) from the area to support people with dementia and their carers in and around the local vicinity. The group meets every Friday in the Craft Room and has both a social and therapeutic purpose.

Lunch Club – This club runs on a Saturday and Sunday and was set up historically for a specific group of vulnerable local residents to enable them to socialise and have healthy meal. Numbers have fallen recently with a maximum of five people attending on any one day.

Various Classes – including an art class run by a local artist for general access, primarily by older people who pay for the class. There is also a reading group and sewing group using the centre for meetings.

Family Centre room – used by care managers in the West Wight to meet with families

Upstairs meeting room is used to host training and conferences for external agencies or homes as well as internal staff

Inspection Information

The last full CQC review was undertaken in September 2008 and awarded The Gouldings a 'good' 2 star rating with no recommendations for action required.

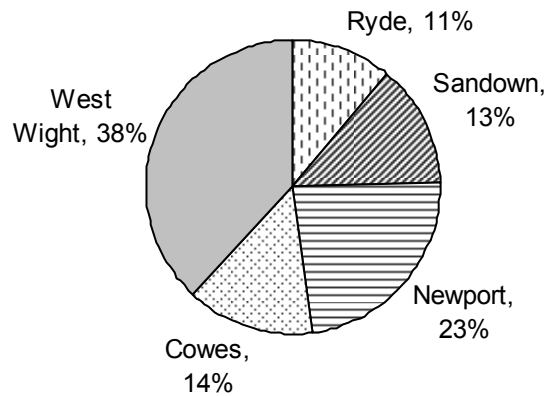
A subsequent report was completed in August 2009 was based upon returns from the home.

The Gouldings building meets the requirements set out in the Health and Social Care Act 2008 (Regulated Activities) Regulations 2010 as described above (under The Adelaide) Reports are available from CQC or on request to the address at the end of this report.

Admission information by area

Approximately one third of admissions are from the local Freshwater area with approximately 20% of people coming from both hospital admissions and the Newport area. The 4.5% of admissions from the Ryde area are usually a result of a lack of vacancies at The Adelaide when people from the Ryde area require emergency respite.

Gouldings respite admissions by town of residence



Attendance numbers 1st April – 31st March 2011

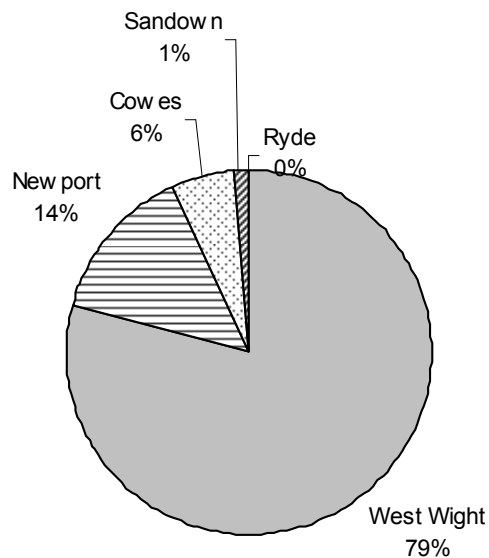
The figures below represent the actual number of individuals who have attended the specific service during the year.

182 people used the regular respite/emergency facilities

72 people used the day care facilities

80 people used the intermediate care beds

Daycare attendance is predominantly from Freshwater and outlying areas:



5. Summary

In considering the future of care for older people on the Island, in particular the role which The Adelaide and The Gouldings might play in that, considerations need to include:

- The move to Personal Budgets which will give people the individual choice of care to meet their needs
- The range of services which might address needs in the future
- The Isle of Wight Council's stated intention to move away from being a direct service provider in future
- The significant increase in numbers of older people on the Island
- The increase of 81% in people with dementia on the Island by 2030
- The fact that people will have different expectations and changing needs as future generations grow older

We want to hear what as many people think about this as possible before we arrive at any suggestions for the future of services.

Please let us know your thoughts in writing (either by post or email) before August 26 2011. If you prefer, there is a survey format that has been developed to assist you in feeding back which you can get from the address below, or complete online as given below.

After August 26, the council will review all information received and formulate a proposal to be considered by cabinet on 4 October 2011 which will then be subject to a formal 90 day consultation period.

Contact details:

Care for Older People on the Isle of Wight
(Adelaide & Gouldings)
Adult Services HQ
17 Fairlee Road
Newport
Isle of Wight
PO30 2EA

Email: social.care@iow.gov.uk

Complete online survey at:

[http://www.surveymonkey.com/s/Care for Older People on the Isle of Wight 2011](http://www.surveymonkey.com/s/Care_for_Older_People_on_the_Isle_of_Wight_2011)

Access to all information at: www.iwight.com/haveyoursay

If you would like this document in large print, braille or audio CD please ring 821000. If you have any difficulty reading this document please get in contact by one of the above methods and we will try our best to help you.

If you would like us to acknowledge that we have received your feedback, please make sure you include your name and address or email address in any correspondence.

Thank you for taking the time to read this document and for helping to shape the future of care for older people on the Island.