

Do you have a Person-Centred Plan?

You can say how you want your life to be even if you don't have a Care Manager. This is called having a **Person-Centred Plan**. Friends and family can help you.



If you want a Person-Centred Plan, ring Pat Ready on 520600.

She will come and talk to you about how you can make one.



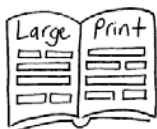
For help with anything on this leaflet, you can speak to the **Adult Learning Disability Team**.



566011



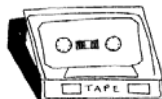
If you ask, we can give you this leaflet in:



Large print



Braille



Tape format



Video



Makaton



Other languages

其它语言

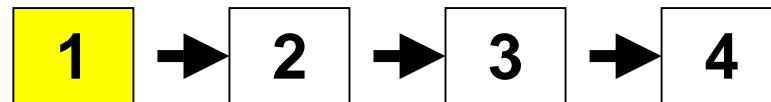
Άλλες γλώσσες

For more information call 566011.

Adult Learning Disability Service

Jan 2007

You have asked for help. What happens now?



**Are you eligible –
will you be able to get a service?**



You have asked for help from Adult Services.

We have to decide if you are **eligible** for help.



We do not have enough money to help everyone who asks.

We have to make sure we are helping the people who need it most.

So...

A worker will come and visit you to find out why you need help.



The worker may want to talk to other people who know you well.

If you do not want the worker to visit you or talk to other people, tell us.



The worker may need to see how you can do things for yourself.

The worker may need to see how you get on with other people.



Or someone who cares for you has asked for help.



Sometimes we have to have a meeting to decide if we can help you.

When we have decided, we will write to tell you the answer.



If we **cannot** help you we will tell you about other people who might be able to. We will help you get in touch with them.

If we **can** help you, a Care Manager will visit you to assess your needs.



Leaflet **2** tells you how **assessment** works.

If you need help in a hurry we will make sure you are safe first. Then we will decide if we can help you for a long time.

You have asked for help from Adult Services.

Or someone who cares for you has asked for help.