

Isle of Wight Joint Strategic Needs Assessment: Core Dataset

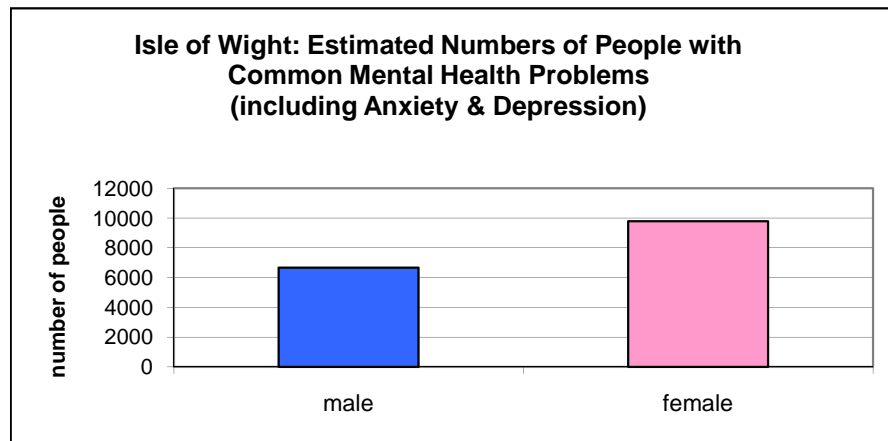
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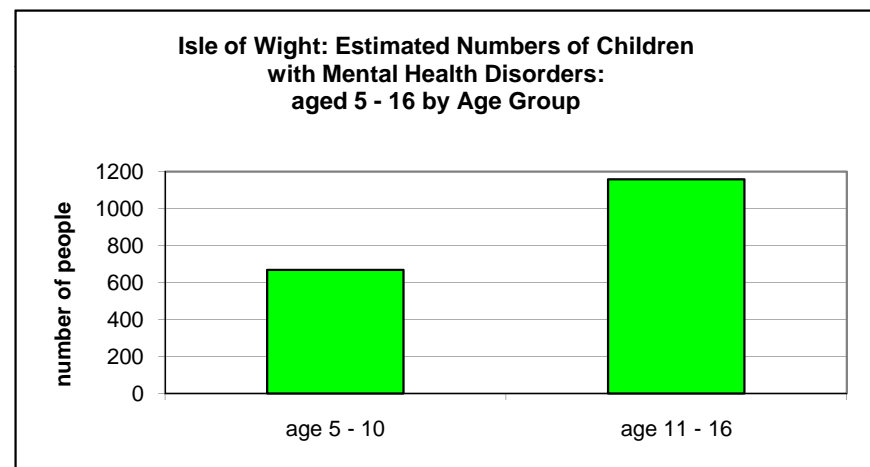
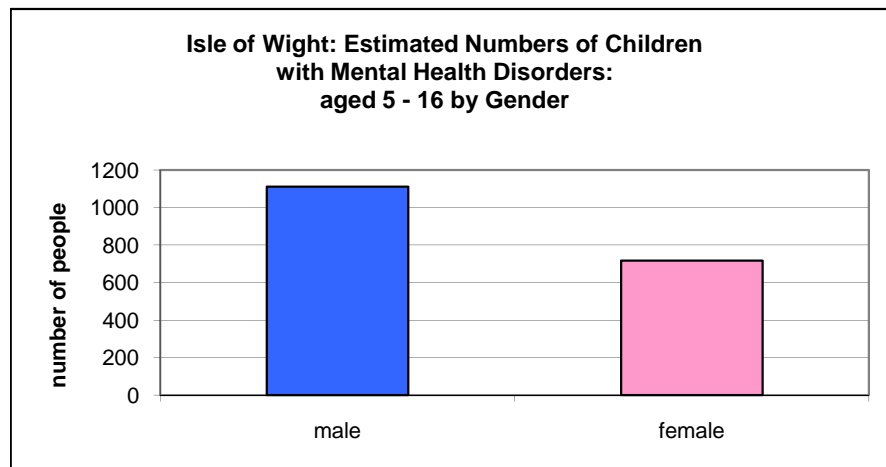
Domain:	Burden of Ill Health	Indicator:	Prevalence of Mental Ill Health: age 5 - 74
Sub-Domain:	Mental Health	Indicator References:	JSNA Core Dataset number 54
Sub-sub- Domain:	Mental Illness	Data Source:	ONS Psychiatric Morbidity Surveys / Population Estimates
		Indicator definition:	see below

Isle of Wight: Estimated Prevalence of Common Mental Health Problems at Any One Time: Persons, Specified Age Groups

Isle of Wight: Age 16 - 74 by Gender	national prevalence	IW estimated numbers
male	13.5%	6,658
female	19.4%	9,789
persons	16.4%	16,447



Isle of Wight: Age 5 - 16 by Gender	national prevalence	IW estimated numbers
male	11.4%	1,110
female	7.8%	717
persons	9.6%	1827



COMMENTARY

Measurement of mental health in the population has tended to focus on mental ill health rather than mental health and well-being, which is more difficult to measure. According to the most recent national surveys of mental ill health, at any one time:

- 16.4% (1 in 6) of adults aged 16-74 living in private households have a mental health problem (ONS Psychiatric Morbidity Survey, 2000).
- 80% of those people are experiencing anxiety and/or depression.
- 9.6% of children aged 5 – 16 have a diagnosable mental health disorder (ONS Survey 'Mental Health of Children & Young People in Great Britain, 2004').

These survey findings have been applied to the most recent (2007) estimates of the IW population.

The data and chart, **above top**, show the estimated number of IW **adult residents** aged 16 - 74 with common mental health problems, including depression and anxiety, at any one time. The total exceeds 16,000 people, of whom 60% are female and 40% male.

Some of these people will be experiencing short-term problems, and will recover on their own, with non-medical support, or with only short-term medical intervention. However it is important to note that specific groups of people are at higher risk of mental health problems, and could be disproportionately represented in the figures shown above. These groups include people who are unemployed; who have been victims of abuse or domestic violence; who sleep rough; from some black and minority ethnic groups; in prison; with drug or alcohol problems; and with physical illnesses.

The data and chart, **above bottom**, show the estimated number of IW **children aged 5 - 16** with mental health disorders, including anxiety and depression, conduct disorders and hyperactivity. The total exceeds 1,800 children, of whom 61% are male and 39% female, with numbers higher among older children. Nationally there is evidence that children and young people in the poorest households are three times more likely to experience mental health problems than those in more affluent households.

INDICATOR DEFINITION

Indicator:	Prevalence of mental health problems
Definition:	Estimated number of people with a diagnosable mental health problem
Numerator (number of people or events)	Estimated number of people with a diagnosable mental health problem
Denominator (total population or events)	Resident population for the specified years. Specific Age Groups by Gender
Geographic Coverage	Local Authority
Time period	National survey data extrapolated to 2007 Mid Year Population Estimate
Data Source(s)	Mental ill health prevalence extrapolations from: Office for National Statistics (2000) 'Psychiatric Morbidity among Adults Living in Private Households, 2000' Office for National Statistics (2004) 'Mental Health of Children & Young People in Great Britain, 2004'
Significance for Health	Higher numbers are associated with worse health. Lower numbers are associated with better health.
Factors that might affect the Accuracy of this Indicator	The figures shown are estimates and do not take into account any local factors which might affect the applicability of national survey data to the IW population.