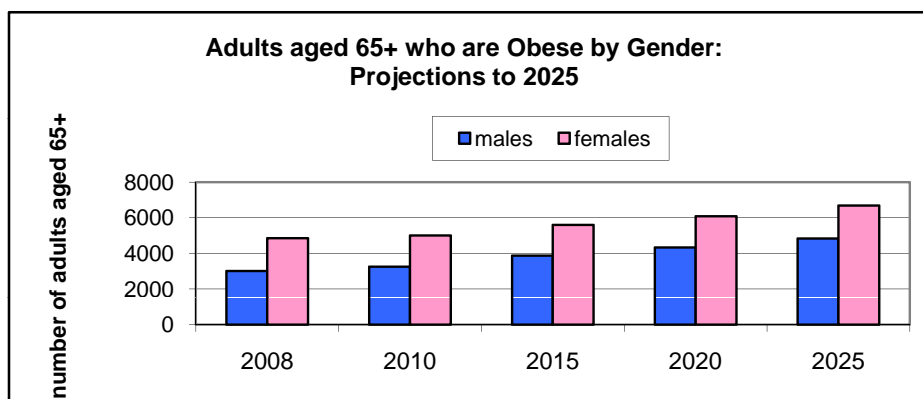
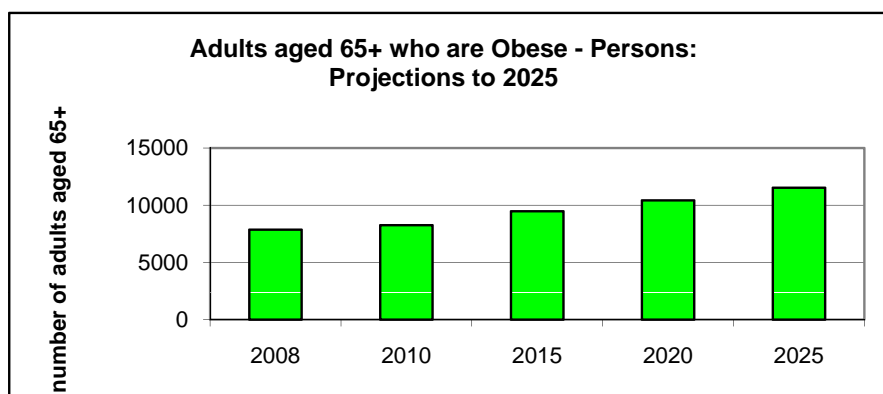


Domain: Lifestyle and Risk Factors
 Sub-Domain: Other
 Sub-sub-Domain: Obesity

Indicator: Obesity among Older People - Projections
 Indicator reference: JSNA Core Dataset number 28
 Data Source: POPPI - Projecting Older People Population Information System
 Indicator definition: [see below](#)

Obesity among People aged 65+ - by Gender: Current Estimate and Future Projections

Number of People	2008	2010	2015	2020	2025
Males					
aged 65-79	2,332	2,530	3,014	3,256	3,454
aged 80 and over	680	720	860	1,080	1,380
Total Males aged 65+	3,012	3,250	3,874	4,336	4,834
Females					
aged 65-79	3,186	3,321	3,861	4,185	4,401
aged 80 and over	1,664	1,690	1,742	1,898	2,288
Total Females aged 65+	4,850	5,011	5,603	6,083	6,689
Persons					
aged 65-79	5,518	5,851	6,875	7,441	7,855
aged 80 and over	2,344	2,410	2,602	2,978	3,668
Total Persons aged 65+	7,862	8,261	9,477	10,419	11,523



COMMENTARY

The Health Survey for England (2000) specifically focused on the health of older people and measured obesity for different age groups by gender. According to this survey:

- 22% of men and 27% of women aged 65-79 had a BMI of 30+;
- 20% of men and 26% of women aged 80 and over had a BMI of 30+.

These obesity prevalence rates have been applied to Local Authority population estimates and projections to estimate and project the number of older people who are obese up to 2025.

The chart **above, left**, shows the number of persons aged 65+ whom, it is projected, will be obese by the year 2025. The increase in numbers reflects the projected underlying increase in the 65+ population.

The chart **above, right**, shows this data by gender. More women are projected to be obese than men, reflecting their higher prevalence rates but also longer life expectancy and greater numbers in the older age groups.

INDICATOR DEFINITION

Indicator:	Obesity among people aged 65+ - projected to 2025
Definitions:	Number of people aged 65+ who are obese (BMI of 30+).
Numerator (number of people or events)	Estimated number of people aged 65+ who are obese (BMI of 30+)
Denominator (total population or events)	Resident Population of the specified area in the specified time period. Persons, Males, Females aged 65+
Geographic Coverage	Local Authority
Time period	2008 and selected annual projections
Data Source(s)	POPPI - Projecting Older People Population Information System http://www.poppi.org.uk/
Significance for Health	Higher obesity numbers indicate worse health. Lower obesity numbers indicate better health.
Factors that might affect the Accuracy of this Indicator	The prevalence estimates are based on Health Survey for England data from 2000 which is now somewhat out of date. Estimates take account of the gender and age breakdown of the local population, but not of other local factors which might affect local obesity prevalence. Estimates do not necessarily represent actual prevalence.