

# Fun Activities for Your Child in Spring!

**'Aiming High for Disabled Children Programme'  
are offering your child fun activities.**

These are targeted, in particular, at those children and young people who may have a complex health need, disability or special needs.

## Activities Available

**Do you fancy wall climbing at Sandown Rocks? Or a Woodland Bushcraft Day with Goodleaf Tree Climbing - Special Branch?**

Contact: Abigail on 0333 800 1188 Mobile: 0797 0033 209 for more information  
Email: [info@goodleaf.co.uk](mailto:info@goodleaf.co.uk)



### Woodland Days:

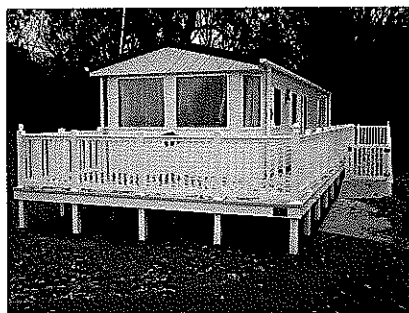
Learn how to build a shelter in the woods, cook over a campfire and enjoy heaps of woodland activities with Goodleaf Tree Climbing, based in the woods at Brighstone. We'll provide everything you need for a fantastic day including: equipment, waterproofs & boots (it is February after all!), lunch, snacks and a take home achievement pack.

Funded by Aiming High for Disabled Children, Bushcraft Skills days are for disabled young people aged 10 – 18 on the Isle of Wight.

### Tree Climbing:

Throughout the winter, Goodleaf Tree climbing are offering outdoor wall climbing for young people aged 10 – 18 with the latest safety equipment - qualified instructors will teach you the ropes! Soon – you'll be reaching new heights!

**Wall climbing sessions: 1.5 hours long      Cost £3.00      Weather dependent.**



## Luxurious, Brand-New Mobile Home Available For Short Stays

The caravan is designed to offer families a short break and the opportunity for lots of fun at a fantastic holiday park at Lower Hyde, Shanklin. Close to the beach and town centre, transport links and local entertainment, the caravan is large and fully accessible for wheel chair access. The caravan can sleep up to six people, with hard standing parking available directly outside the caravan for sole use of the visitors and a spacious green entertaining area.

Six club free passes are also provided for your use to enjoy your new home with your family and friends!

Places for spring and summer are filling up fast! If you'd like to book a short stay, please contact:  
**Family Link on (01983) 566011 – speak to Mat, Katie or Carol**

**West Wight Sports Centre - Dedicated Swimming Sessions/Specialist Tuition also Available**

Contact: Clare Griffin on 01983 752168 Email: [clare@westwight.co.uk](mailto:clare@westwight.co.uk)



**Weekly swimming session** for disabled children with their family and friends. Both pools are available exclusively. Additional lifeguards and support provided for the dedicated session.

Fridays - 5.30 – 6.30 pm **FREE** to everyone accompanying the disabled child. Age range: open

**Tuition** is also available. Either private (1:1) or a child can be supported in a mainstream lesson.

**Join the Play Ranger Sessions at St George’s School for Free, Creative or Structured Play!**

Contact: Sophie Biggs 01983 823818 07976 009 088 for more information  
Email: [sophie.biggs@iow.gov.uk](mailto:sophie.biggs@iow.gov.uk)

The Play Ranger sessions offer a variety of indoor and outdoor play activities including parachute games, Nintendo Wii, arts and crafts, sporty games, gadgets, bouncy castle, movies and lots more. There are limited spaces available and children will be booked on a first come, first serve basis. Siblings are welcome if space allows.

After school club	Time	Ages	5 – 19 years
Friday 18 <sup>th</sup> February	3.15 – 5.00 pm		
Friday 11 <sup>th</sup> March	3.15 – 5.00 pm	Cost	£3 per child
Friday 18 <sup>th</sup> March	3.15 – 5.00pm		
Friday 25 <sup>th</sup> March	3.15 – 5.00pm		

**Fishing and Farm Breaks at Nettlecombe Farm – bring the family!**



Contact: Jose Morris on 01983 730783

Email: [enquiries@nettlecombefarm.co.uk](mailto:enquiries@nettlecombefarm.co.uk)

Idyllic farm setting with plenty of small farm animals to pet and space to play, including sports pitch. Three coarse fishing lakes with option for individual tuition from an expert. Self-catering breaks available in luxurious settings at discounted rates for parties of 4 – 10 people.

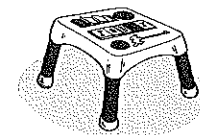
**Whitwell, near Ventnor. Open access with free all day fishing. Tuition £20 per hour (Any angler over age of 12 must have a valid rod licence. These can be purchased from the Post Office – in branch or on-line ☺ )**

**Day Camps at YMCA**

Specialist holiday play sessions based on day camps, children can be left unattended and siblings are welcome.

Contact: Diana Jeffries 01983 862441

Email: [Diana.jeffries@ymca-fg.org](mailto:Diana.jeffries@ymca-fg.org)



Winchester House, Shanklin  
School Holidays 8.00am—1.00pm or 1.00pm—6.00pm  
Charge: £9 per session or £17 per day Age Range: 4-18 years

**For more information about the activities and how to access these, please contact Lesley Forde at Family Information Zone at 821999 or email – [Lesley.forde@iow.gov.uk](mailto:Lesley.forde@iow.gov.uk)**



## Watersports Activities with UKSA

We can adapt our fleet and equipment for a vast range of disabilities for exciting activities such as keel-boating, dinghy sailing, kayaking and wind-surfing. UKSA safety is at the forefront of all that we do and is reflected in the quality of our watersports and sailing equipment. Packed lunch provided. Siblings can attend at cost. Parents or carers welcome to attend.

**Contact: Alix Berry on 01983 203046 Email: [alixberry@uksa.org](mailto:alixberry@uksa.org)  
Cowes – any available day and half day from 9.00 am – 4.00 pm. Free of Charge Ages: 8 – 18 years**

## Join the Isle of Wight Inclusives Football Club

Come and try our inclusive football club – all disabilities welcome. No previous experience necessary. Either have fun or play competitive league football. Have your say in how you want the club to run! Help plan the Football Festival or simply train and get fit! Two clubs now running in Sandown or Newport; one shortly to start in West Wight – details to follow.

**Contact: Julie on [mummyloose@aol.com](mailto:mummyloose@aol.com)  
Thursday evenings at Sandown High school – 5.00– 6.00 pm  
Wednesday evenings at Carisbrooke high School – 5.00 – 6.00 pm  
Cost £3 per session or £12 for a 6 week block booking**



## Two Specialist Clubs exist for Children with Autistic Spectrum Disorder

**Gamezone** - come and play PS3, Wii and Xbox games! For anyone affected by Autism, this club for teenagers runs on Wednesdays from 4.30 – 6.30 pm at G Block, the Isle of Wight College. A small charge is asked for which helps to support the club and future activity. Age range: 13 – 18 years. Charge: £2.

**Contact: Helen Hughes on 07789 191 071 or 01983 752848  
Email: [iowgamezone@btinternet.com](mailto:iowgamezone@btinternet.com)**

**Lego Club** – does your child enjoy playing with Lego? Would they benefit from some support in developing their social skills?

The Lego club is highly effective in encouraging your child to socialise with others, developing interaction and communication skills. Places are much-sought after; please book to ensure your place.

**Contact: Gillian Elsom on 07771 920411 Email: [elsomacres@hotmail.com](mailto:elsomacres@hotmail.com)**

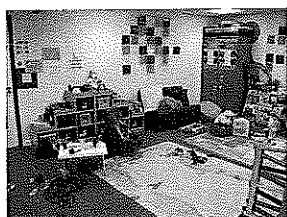
All sessions will run from 10.00 – 12.00pm, on the first and third Saturday of each month at Newport C of E Primary School. Ages 5 – 11 years. Charge £2.

Next Sessions: 19<sup>th</sup> Feb, 5<sup>th</sup> and 19<sup>th</sup> March. Parents should attend the initial session with their child in order to aid familiarisation. Parents are welcome to attend further sessions if they wish.

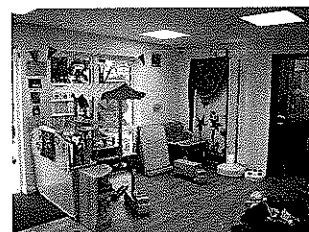
## Specialist Play for under 5's by The Children's Society

The Children's Centres on the Island offer parents a fantastic resource and The Children's Society are running free **specialist play groups** for disabled children from the ages of 0 – 5. These are offered to parents across the Island's network of centres – currently, Cowes, Ryde, Sandown and West Newport. Any child under 5 who has a disability or special need will be entitled to access 12 playgroup sessions lasting 2 hours until March 2011. If one is not running in your area as yet, please contact Becky below for more details.

**Contact: Becky Denness on 07506583193 for more details/referral form**



Sandown Children's Centre	9.00 – 11.00 am, Saturdays
Ryde Children's Centre	1.00 – 3.00 pm, Saturdays
West Newport Children's Centre	3.30 – 5.30 pm, Thursdays
Cowes Children's Centre	3.30 – 5.30 pm, Tuesdays



## Would you like to work with disabled children?

Have you ever thought about the opportunities open to you? If you'd like to experience a taste of what it is like to work in this rewarding field, have a look at the following DVD and discover the rewards of working with disabled children and young people. "I Could Do That!" Short Films by the Shared Care Network.

You can view the films before you buy and order the DVD by visiting our Resource Centre [http://www.sharedcarenetwork.org.uk/title/Recruitment\\_Resources](http://www.sharedcarenetwork.org.uk/title/Recruitment_Resources)

### Latest News

Parents are **key** to future decision making. Make sure you have your say on SEN/disability services. New national parent forums are advising the Government on future policy direction now. Contact your local representative parents' group, **Parents Voice** if you want to share your experience and views.

Parents Voice website <http://www.parentsvoice-iw.co.uk>  
 Wightchyps <http://www.wightchyps.org.uk>

For more information about the new short breaks duty beginning in April 2011 or the national network of parent forums, look on: [www.togetherfdc.org/Topics/PPNationalNetworkParentCarerForums.aspx](http://www.togetherfdc.org/Topics/PPNationalNetworkParentCarerForums.aspx)

Useful reading: "Disabled Children – A Legal Handbook" Steve Broach, Luke Clements and Janet Read. ISBN no: 978-1-903307-76-23 This book is a guide to the legal rights of disabled children and their families in England and Wales. Contents include: legal entitlements; understanding disabled children's lives; children's services; education; health; transition to adulthood.

Finally, don't forget! Look out for the **Special Educational Needs and Disability information Day – March 5<sup>th</sup>** – at the Isle of Wight College. Free admission. Open to all parents/carers. For programme and workshop details please ring Parent Partnership 825548 or visit [www.iwpp.co.uk](http://www.iwpp.co.uk).

**Are you interested in working as a child-minder, foster or short breaks carer? If so, there are free training places available to you through the Aiming High Programme. Contact Workforce Development Team to book a place on 01983 527565**

ADHD 2	Understanding the development of disabled children and young people – Jane Walker	11 <sup>th</sup> May or 15 <sup>th</sup> June – <b>Ventnor Community Early Years Centre</b>	09.30 – 3.30 pm
ADHD 3	Effective Communication with disabled children, young people and their families – Janet Price, Concept Training	14 <sup>th</sup> March – venue as above	09.30 – 3.30 pm
ADHD 4	Supporting Positive Transitions - Sonja Iversen and Kathy Pugh, Early Years Inclusion Officer	17 <sup>th</sup> February – as above	09.00 – 12.30 pm
AHDC 5	Positive Behaviour management - Jackie Logue, SCOPE Early Years Training Manager	7 <sup>th</sup> April or 29 <sup>th</sup> June – as above	09.30 – 3.30 pm
AHDC 6	Safeguarding - Calvin Wright, Lead Officer	16 <sup>th</sup> April - as above	09.30 – 4.15 pm
AHDC 9	Inclusion training for universal services - Janet Price, Independent Trainer with Concept Training	3 <sup>rd</sup> March – venue as above	09.30 – 3.30 pm