

**ISLE OF WIGHT COUNCIL**  
**Social Services request for**  
**Occupational Therapy Services**  
**SELF REFERRAL FORM**



**Please provide information or circle the correct answer**

Title: Mr/Mrs/Miss/Ms	GP:
Surname:	Address:
First Name:	
Date of Birth:	
Address:	Consultant:
Postcode: Tel No:	District Nurse:
	Care Manager:
	Other Professional:
	Your Nationality:
Do you live alone? <b>YES/NO</b> If <b>NO</b> , who with?	
Do you have a disability or long-term medical condition: <b>YES/NO</b> If <b>YES</b> , please give details, including <b>how long</b> you have had difficulties for:	
Do you have a carer? <b>YES/NO</b> If <b>YES</b> , who?	
Does the person you live with have a disability or long term medical condition? <b>YES/NO</b> , If <b>YES</b> , please describe.	
Are you a permanent wheelchair user? <b>YES/NO</b>	
Have you fallen recently? <b>YES/NO</b> WHEN? If <b>YES</b> , WHERE?	

Let us know which activities are difficult for you and which you can manage.

**Please TICK the column that applies to you most.**

	<b>Able to do</b>	<b>Able to do – with help from another person</b>	<b>Able to do – with equipment</b>	<b>Have difficulty doing</b>	<b>Unable to do</b>
<b>Walking indoors</b>					
<b>Up/downstairs indoors</b>					
<b>Outdoor steps/stairs</b>					
<b>Using wheelchair indoors</b>					
<b>Using wheelchair outdoors</b>					
<b>Getting to the toilet</b>					
<b>Getting on/off the toilet</b>					
<b>Getting to your bed</b>					
<b>Getting in/out of bed</b>					
<b>Getting in/out of a chair</b>					
<b>Getting washed</b>					
<b>Getting in/out of bath</b>					
<b>Using over-bath shower</b>					
<b>Using walk-in shower</b>					
<b>Getting dressed</b>					
<b>Cooking/kitchen</b>					
<b>Eating/drinking</b>					
<b>General household jobs</b>					
<b>Shopping</b>					
<b>Laundry</b>					
<b>Writing</b>					
<b>Speaking</b>					
<b>Answering the door</b>					
<b>Using the telephone</b>					
<b>Other – please specify</b>					

**PROPERTY DETAILS**

Please provide information or **CIRCLE** the correct answer:-

1. Type of accommodation, eg. bungalow, terrace house, flat etc.

.....

2. Who owns the property?

**Yourself or your family - Private Rent - Housing Association**

If Housing, which?      SWHA      MEDINA      VECTIS

**Other:** .....

3. Which rooms do you have? Please **CIRCLE** all that apply.

**Kitchen                      Kitchen/Diner                      Dining Room**  
**Lounge/Diner                      Lounge**

**Bathroom:    Same floor    Downstairs    Upstairs    Both**

**Toilet:            Same floor    Downstairs    Upstairs    Both**

**Bedrooms:                      1                      2                      3                      4**

**Other (Please specify).....**

**Stairs:                      Straight                      Curved**

**Stair rails:    None                      One Side                      Both sides**

<b>BENEFITS RECEIVED</b>		<b>Please CIRCLE all that apply</b>
Income Support	Housing Benefit	Council Tax Benefit
Attendance Allowance	- High/Low	
Disability Living Allowance	- Care	- High/Middle/Low
	- Mobility	- High/Low
Other.....		

**1. Do you have any equipment or rails already? Please specify.**

  
  
  
  
  

**2. What help do you now require from Social Services?**

Thank you for taking the time to complete this form, which will help us to ensure that your case is dealt with as efficiently as possible.

Please be advised that all information provided will be dealt with in a confidential manner.

**If you would like this document translated or in a different format, please contact us on 01983 534520**

**Signature:.....Date:.....**

**Please return the completed form to:**

Occupational Therapy Department  
 St Mary's Hospital  
 Newport  
 Isle of Wight  
 PO30 5TG  
 Tele: 01983 534520  
 Fax: 01983 552052

<b><u>For I.O.W.C Use Only</u></b>	
Outcome:	_____
Date:	_____
Signed:	_____