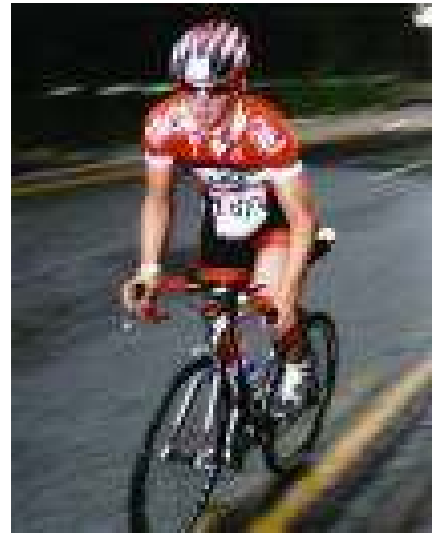


JACK GRUNDY

TRIATHLON



Ranking:

N/A

Achievements:

9th Under 23

World cross Triathlon Championships

Information:

Jack had a very successful end to the 2011 season by finishing 9th at the under 23 world cross triathlon championships. He also saw success at both Aquathlon and Olympic Distance Triathlon where he finished on the podium.

This year Jack planned to move up to 70.3 (half Ironman) distance events where he planned to qualify for the world championships, sadly these plans have been put on hold due to a broken leg. Jack's new focus is to recover in time for the end of the season and make an appearance at a 70.3 (half ironman) event where he will be in the elite category.