

Early Help Services 0-5		
Service	What is on offer	Contact details
Children's Centres	<p>Children's Centres offer all families with children under five a range of services, information and support in their local community.</p> <p>The support varies according to local needs but most centres offer the following:</p> <ul style="list-style-type: none"> ▪ advice during pregnancy and when your baby is born ▪ home visiting ▪ family drop-ins ▪ parenting support ▪ information about your child's health needs including support with breastfeeding, weaning and sleep ▪ Stay and Play sessions ▪ training courses to improve your life skills or help you back to work ▪ help finding specialist groups and services <p>Centres work closely with other local organisations, so if there is something they can't help you with themselves</p>	<p>Cowes Children's Centre – Love Lane, Cowes, PO31 7ET 01983291719</p> <p>East Cowes Children's Centre – Beatrice Avenue, East Cowes, PO32 6PA 01983294701</p> <p>East Newport Children's Centre – Green Street, Newport PO30 2AN 01983529208</p> <p>Ryde Children's Centre – George Street, Ryde PO33 2JF 01983617617</p> <p>The Bays Children's Centre - Operating over 2 sites:</p> <p>Furzehill site, Albert Road, Shanklin PO37 7LY 01983867310</p> <p>Sandown site, The Fairway, Lake PO36 9EQ 01983408718</p>

		<p>Ventnor Children's Centre – Albert Street, Ventnor PO38 1EZ 01983857372</p> <p>West Newport Children's Centre – Wellington Road, Newport PO30 5QT 01983537390</p> <p>West Wight Children's Centre – Moa Place, Freshwater PO40 9XH 01983756935</p>
Early Childhood Support	<p>Homestart provide the following services:</p> <ul style="list-style-type: none"> • Outreach services, including home visiting for isolated and vulnerable parents/carers and children at risk of social exclusion. • Information, advice and signposting to parents/carers on a range of subjects relating to universal services available in the local area. • Support to clients to access services and activities such as Children's Centre services, community health services, speech and language support, parent and toddler groups, libraries and music sessions. 	Exchange House St Cross Lane, Newport, Isle Of Wight PO30 5BZ 01983 533357
Health Visiting Services	<p>If you would like to find out more about services see below</p> <p>The Isle of Wight health visiting team is a Community based , skill</p>	<p>Contact Details: Freshwater/Yarmouth 08448151428 Godshill/Niton/Brighstone</p>

	<p>mixed team , who work alongside families and partnership agencies to improve health outcomes and ensure that children on the IOW get the best possible start in life. Health Visitors are the only professionals who have access to every child under the age of 5 yrs in their own home. Health Visitors are experienced registered nurses with an additional qualification in Public Health Nursing. The health visitor leads the skill mixed team which comprises of Community Staff Nurses and Community Nursery Nurses. This ensures families receive the right care from the practitioner with the most appropriate skills & knowledge. The team deliver care in a variety of setting including clients homes, Children Centre's, GP Surgeries and Community Health Centres. The health visiting team are based around 3 Localities: North East Wight / South Wight / West & Central The team supports new parents with parenting advice on topics such as breast feeding, healthy eating, child development and play, childhood immunisations, sudden infant death prevention advice, positive parenting initiatives and the prevention of childhood accidents and illness. Parents are supported and their own health needs assessed with appropriate intervention being delivered by the team or signposted / referred to other services. This includes smoking cessation advice and the early identification of maternal low mood in the post natal period</p>	<p>01983857607 Ventnor 01983857607 Shanklin 01983868062 Sandown 08448151952 Brading 01983407596 Ryde 01983613846 East Cowes 01983280694 Cowes 01983293511 Wootton 01983529803 Newport 01983520605 / 01983526940 / 01983522298</p>
<p>Subsidised Early Education for Two Year</p>	<p>Free early education places in good quality early learning and childcare settings across the island. Places are available to disadvantaged families and those experiencing difficulties.</p>	<p>See contact details for Children's Centres above.</p>

Olds	<p>The funding provides 10 hours of funded good quality childcare per week and wider support for the family from local children's centres to address specific needs and to help in entering training or work.</p> <p>If you think you might be eligible please visit your local Children's Centre to find out more</p>	
Early Years Special Needs (Portage)	<p>The Early Support Team provides support, advice and Portage interventions to children with special needs in pre-school settings and those referred via the Multi-Agency Team.</p>	<p>SEN Support Services Thompson House Sandy Lane Newport Isle of Wight PO30 3NA</p> <p>01983 814680</p>
Early Years speech , language and communication service	<p>The early communication service provides advice and support for parents and staff on promoting speech, language and communication development of all young children. Communication skills are essential in a child's development and early identification of difficulties in acquiring speech and language is highly important. The service works through children's centres and preschools to provide an informal service for parents and to improve access to therapy services if required. The service is also committed to training and development of staff in recognising early signs of difficulties and promoting communication friendly environments.</p>	<p>St Mary's Hospital 01983521948</p>
Other early help services including	<p>A wide range of early help services are available across the island and nationally (e.g. national helplines). Information on all these services can be accessed through the Family Information Zone.</p>	<p>Family Information Zone (FIZ) 11 Orchard Street Newport</p>

voluntary organisations		Isle of Wight PO30 1JZ 01983 821999 www.wightchyps.org.uk
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