## Overweight, sick and deprived

\*Isle of Wight County Press headline, 28 October 201

## A description of the Island that you recognise? One that you want to change?

Find out what Island organisations plan to do, with your help, to change the health and wellbeing of the Island community, and have your say on the Island's future.

The draft health and wellbeing strategy sets out the challenges facing the Island community and highlights five key priorities for organisations, local communities and individuals to focus on for the next three years to improve the quality of life for residents and visitors on the Island.

- Children and young people have the best possible start in life.
- People are helped and supported to prepare for old age and to manage long-term health conditions and disabilities.
- People make healthy choices for healthy lifestyles.
- Sustainable economic growth for the Island supports improved employment opportunities.
- The Isle of Wight is a better place to live and visit.

Before we finalise these plans we'd like your views on whether these tackle the kinds of issues that are important to you, whether you feel there is anything missing and how you feel the community and organisations across the Island can really make a difference.

## **TELL US YOUR VIEWS**

Read the strategy in full and fill in a survey online at: www.surveymonkey.com/s/ HealthWellbeing2013-16

Paper copies can be by downloaded from the website above, or collected from your local library, help centre, GP surgery or children's centre or by phoning **01983 823653**.

You can write to us at: **Health and Wellbeing Strategy, Consultation team, Floor 5, County Hall, Isle of Wight. PO30 1UD**.

You can email us at: RICTeam@iow.gov.uk

Consultation ends 5pm Monday 17 December

Have your say and help change future headlines