



BE inspired

NEW ADULT BADMINTON SESSIONS £4 per session or Free to Gold and Silver Class Members

Improve general fitness and develop new skills, with the main focus on having fun in a social environment.
Whilst in the company of an experienced coach who can give support as and when required.



West Wight Sports Centre
Freshwater
PO40 9XH

Monday - 1.30-2.30pm
Racquets available for hire!
Telephone: 01983 752168



West Wight Sports Centre
Freshwater
PO40 9XH

Thursday 11.30-12.30pm
Racquets available for hire!
Telephone: 01983 752168

*BE prepared.
BE inspired. BE proud.*